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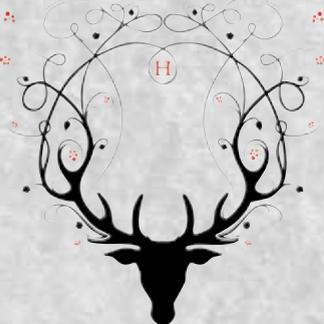
**FREE!**

# VOICE Magazine

Vol. 20 - Issue 2 • February 5 - March 4, 2020



Entertainment, Dining & Leisure Connection Read online at [www.northcoastvoice.com](http://www.northcoastvoice.com)



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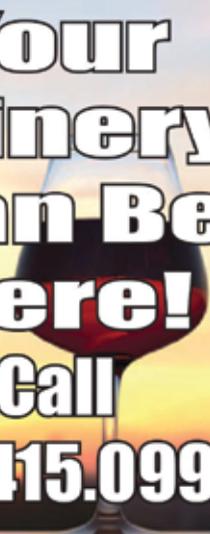
**Entertainment every weekend see ad on pg. 11**

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[kosicekvineyards.com](http://kosicekvineyards.com)

**Live Music Entertainment Saturdays 5-8pm**

February 8th	Melissa and Mitch
February 15th	Ernest T Band
February 22nd	Steve Madewell
February 29th	Craig Day
March 7th	Alex Bevan

*We will be participating in the Chocolate and Wine Trail, make sure to make us one of your stops!*  
Feb. 21, 22, 28, 29 12-6 pm

Please follow us on Facebook!  Estate Vineyards & Award-Winning Wines

**OHIO WINE COUNTRY WINERY GUIDE**

# V CULTURAL SPOTLIGHT

## The 5th Annual Lake Erie Folk Fest set for February 22nd

The fifth Annual Lake Erie Folk Fest (LEFF) will be held Saturday, February 22, 2020 at the Shore Cultural Centre located at 291 East 222nd Street in Euclid, Ohio. This annual event celebrates a diverse array of traditional music and dance styles from a wide variety of cultures and provides free workshops with accomplished instructors for people of all ages and skill levels, to encourage the preservation of and participation in the traditional arts. Whether you're a musician or just a fan of great music and the arts, there is something for everybody to enjoy!

Musicians, dancers and fans of bluegrass, old time, Irish, blues, polka, ballads and everything in between are invited to participate in LEFF's free workshops, dances and mini-concerts from 1:00 to 6:00 PM at the Shore Cultural Centre. There is also plenty of room for musicians to get

together and jam throughout the course of the day. The event will cap-off with a 7:30 PM evening concert featuring the award-winning bluegrass band, Carolina Blue, who present traditional bluegrass music in the style of Bill Monroe, the genre's founder. Other featured performers include:

- Harmonia, masters of the traditional folk music of Eastern Europe, ranging from the Danube to the Carpathians;
- Distinguished Gentlemen of the Spoken Word, a Cleveland treasure, is a group of African-American males ages 8-18 who study the art of performance poetry; and
- Award winning Brazilian singer-songwriter, Luca Mundaca, who is the recipient of an Independent Music Award in the world fusion category

and is a Putumayo World Music recording artist whose work has been featured in numerous films and HBO shows.

All Saturday afternoon workshops, mini-concerts and dances are free and open to the public and tickets for the evening concert are \$20 (advance) and \$25 (day of show) with 12 and under free! Additional information regarding the festival may be found on its website [www.lakeeriefolkfest.com](http://www.lakeeriefolkfest.com), including how to support the program as a sponsor. Mark your calendars now and plan to spend the day with great people and great music!

The Lake Erie Folk Fest will kick-off on Friday, February 21 at 10:00 AM with a special educational program for area grade school

tudent featuring concert headliner, Carolina Blue. Later that evening from 7:00 to 10:00 PM, Carolina Blue will conduct master classes for bluegrass musicians in mandolin, banjo, guitar, fiddle and bass.

The Lake Erie Folk Fest is a program of the Northeast Ohio Musical Heritage Association, which also produces the Blue Sky Folk Festival in Willoughby, along with other traditional music events and programs throughout the year. It is presented at Shore Cultural Centre, which offers a wide variety of cultural and educational opportunities, which include classes, studio rental and performances. The festival attracts roots music lovers from Ohio, Pennsylvania and beyond, as well as residents from Euclid, Cleveland and surrounding communities. For more information, visit [www.lakeeriefolkfest.com](http://www.lakeeriefolkfest.com).



# SATURDAY, FEB 22

## TRADITIONAL MUSIC & DANCE FESTIVAL

The Shore Cultural Centre  
291 East 222nd Street, Euclid  
216.289.8578

Tickets And Full Details:  
[LakeErieFolkFest.com](http://LakeErieFolkFest.com)

**1-6PM**  
FREE PERFORMANCES, MUSIC WORKSHOPS, DANCES, JAMS, KIDS ACTIVITIES  
Food, Concessions, Beer & Wine Come Explore, Learn & Share

**7:30PM**  
EVENING CONCERT  
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NORTHEAST OHIO MUSICAL HERITAGE ASSOCIATION



CAROLINA BLUE



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LUCA MUNDACA



HARMONIA

# VOICE Magazine

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A Mind-Altering Experience			

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(Madison)**

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**Sun. Feb. 9th: CLAY ST. GRILL  
11AM-3PM Austinburg**

**Sat. Feb. 15th: FERRANTE WINERY  
6:00-9:30pm Geneva**

**Sun. Feb. 23rd: CLAY ST. GRILL  
11am-3pm Austinburg**

**Sun. Feb. 23rd: OLD MILL WINERY  
\*open mic 4:30-7:30pm Geneva**

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WINE  
AND THAT'S KIND  
OF THE SAME THING**

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**CELEBRATING VALENTINE'S DAY**  
**Feb 14th & 15th!**  
**Dinner Specials!**

**New Specials Tues-Thursday!**  
**\$5, \$6 & \$7 Deals!**

**JOIN US EVERY WEDNESDAY**  
Open Mic Hosted by Mitch Larson  
6-8pm • Stop in & show us your talent!  
**ACOUSTIC THURSDAY RETURNS IN APRIL**

**BEER OF MONTH:**  
Goose Island IPA \$2.50  
**BURGER OF MONTH:**  
Whiskey Burger \$10.99  
Our burger topped with grilled onions, bacon & whiskey peppercorn sauce  
**PIZZA OF MONTH:**  
Chicken Parmesan Pizza \$8.49

**Winery Hours:** Closed Mon.; Tues-Thurs 3-9pm  
Fri 3-11:30pm; Sat Noon-11:30pm; Sun Noon-9pm  
**Kitchen Hours:** Closed Mon.; Tues-Thurs 4-8pm  
Fri 4-10pm; Sat Noon-10pm; Sun Noon-8pm

**Fri & Sat: 7-10pm • Sunday Open Mic 4:30-7:30**  
**Fri, Feb 7: ZZO Band**  
**Sat, Feb 8: Ernest T Band**  
**Sun, Feb 9: Open mic w/Mitch Larson**  
**Fri, Feb 14: 5 o'clock Somewhere**  
**Sat, Feb 15: Swamp Rattlers**  
**Sun, Feb 16: Open mic w/Tom Todd**  
**Fri, Feb 21: Legacy**  
**Sat, Feb 22: Snazzy Cats**  
**Sun, Feb 23: Open mic w/ Lyle Heath**  
**Fri, Feb 28: Lost Sheep Band**  
**Sat, Feb 29: The Facemyers**  
**Sun, Mar 1: Open mic w/Jimmy Ales**



*Entertainment all Weekend!*  
Fri & Sat: 7-10p • Sun: 2-5p

**Fri. 2/7 .....The Knight Shift Band**  
**Sat. 2/8 .....Rhythm Connection**  
**Sun. 2/9 ....Face Value Duo**  
**Fri. 2/14 .... Valentine's Day with Legacy Band**  
**Sat. 2/15 ... Valentine's Dinner with Nick Zuber (Reservations Only)**  
**Sun. 2/16 ..Picken Rocks**  
**Fri. 2/21 ....Alley Katz featuring Logan Wells and Patti Ann**  
**Sat. 2/22 ...The Knight Shift Band**  
**Sun. 2/23 ..Jimmy Ales Duo**  
**Fri. 2/28 .... Holly's Uncle**  
**Sat. 2/29 ...Julie Slattery**  
**Sun. 3/1 .... Bob Potts**  
**Fri. 3/6 .....FOG- Four Old Guys**  
**Sat. 3/7 ..... Mitch and Melissa**  
**Sun. 3/8 .... Thomas Reed Smith**

**HOURS**  
CLOSED MON & TUES • WEDS & THURS NOON-7 PM  
FRI & SAT NOON-11 PM • SUN. NOON-7 PM

834 South County Line Rd.  
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**440-361-3049**  
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**SPA SUITE ROOMS**

Call for Spa Suite Room Reservations

**February 14 • 6-8**  
**Pop-up Crepe Bar & Wine Pairings**  
**Music by Mitch & Melissa**

February 15 .....Rhythm Connection Trio  
February 21 .....Kim Kennedy  
February 22 .....Nick Clay  
February 28 .....Jay Baumgardner  
February 29 .....Me & The Boy

**WINERY TASTING ROOM • LIVE MUSIC 6-9PM!**

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518 Gore Road • Conneaut • 440-593-5976  
www.bucciavineyard.com  
Tues-Thurs: Noon-7pm • Fri & Sat Noon-9pm

# The Winery at Spring Hill

**WINE SPECIALTIES...**  
Sangria, Wine Slushies & Winesicles!

**ENTERTAINMENT EVERY WEEKEND**  
Fri/Sat 7:30-10:30 • Sun 2:30-5:30  
**Fri. 2/7.....O'Neders**  
**Sat. 2/8.....Glass House**  
**Sun. 2/9....Bob Potts 2:30-5:30**  
**Fri. 2/14.... Valentine's Dinner**  
**Sat. 2/15...Good Question**  
**Sun. 2/16..Jimmy Ales**  
**Fri. 2/21....Hit List**  
**Sat. 2/22....Castaways**  
**Sun. 2/23...Bob Wick**  
**Fri. 2/28....Trevor Thompson**  
**Sat. 2/29....Loose Tooth Band**  
**Sun. 3/1....Take II 2:30-5:30**

**ROMANTIC Valentine's Day DINNER**

Featuring Filet Mignon and Lobster prepared by Chef Lisa Delgado with a seating at 6:30pm and 8:00pm. Prepaid reservation event through our website.

6062 S. Ridge Rd. W. Geneva • 440-466-0626  
VISIT OUR WEBSITE FOR SPECIALS www.thewineryatspringhill.com  
Closed Mon & Tue • Wed & Thur: Noon-8 • Fri & Sat: Noon-11 • Sun: Noon-6

# Grand Cru

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## Wine & Chocolate Trail are Feb. 21-22 & 28-29 from Noon to 6 p.m.

Take 2 weekends (Fridays and Saturdays) to travel this self-driving tour along the Vines & Wines Trail in Northeast Ohio. At each participating winery, you will receive complimentary appetizers and samples of wines. You will also receive a box of Malley's chocolates at a designated winery when purchasing your tickets.

### Participating Wineries:

Benny Vino Urban Winery, Harpersfield  
Blind Squirrel Winery, Chagrin Falls  
Buccia Vineyards, Conneaut  
Cask 307, Madison  
Debonné Vineyards, Madison  
Deer's Leap Winery, Geneva  
Emerine Estates, Jefferson  
Ferrante Winery & Ristorante, Harpersfield  
Grand River Cellars Winery & Restaurant, Madison  
Hundley Cellars, Harpersfield  
Kosicek Vineyards, Harpersfield  
Old Firehouse Winery, Geneva-on-the-Lake  
Silver Crest Cellars, Madison  
South River Vineyard, Geneva  
Stonegait Winery, Madison  
Red Barn Cellars, Harpersfield  
Red Eagle Distillery, Harpersfield  
The Winery at Spring Hill, Geneva

Call 440-466-4417 or click [www.ohiowines.org/tickets/chocolate-trail-fggfk](http://www.ohiowines.org/tickets/chocolate-trail-fggfk)

## Congratulations to Debonne' Vineyards and Ferrante Winery!

Debonne' Vineyards and Ferrante Winery & Ristorante both received awards for their wines from the San Francisco Chronicle Wine Competition. Ohio Wine Country is being recognized in California and beyond!

Debonne' Vineyards won Best of Class for its 2017 unoaked Chardonnay. Gene Sigel, vineyards manager and winemaker, Michael Harris are credited with this excellent wine and the achievement of this award.

Ferrante's 2017 Vidal Blanc Ice Wine was named Specialty Sweepstakes Winner, one of five sweepstake winners out of 6,700 entries, which captured the competition's top prize in the White Late Harvest/Dessert Wine category. Winemaker, Nick Ferrante and all the brave souls who venture out to pick the frozen grapes in the freezing temperatures can be credited with this gem.

See the back cover for all the fun things going on at Debonne' Vineyards and plan to try their award winning wine!



Over three weekends in March, the region joins together to celebrate a unique product of the cold temperatures in the Grand River Valley wine region - Ice Wine! Visit each of the participating wineries 11am-5pm to sample their Ice Wine along with a paired appetizer. Cost is \$7 at each winery, which includes wine samples, a souvenir ice wine glass and paired appetizer. *Bring in a canned food item to help support our local food banks and receive \$1 off per person.* Visit [www.wggrv.com](http://www.wggrv.com) and individual winery web sites for complete details and additional Ice Wine events throughout the festival period.

### DEBONNÉ VINEYARDS

7840 Doty Road, Madison 44057  
440-466-3485 / [debonne.com](http://debonne.com)

ICE WINE: VIDAL BLANC &  
CHERRY BOURBON VIDAL BLANC  
APPETIZER: Sweet & Spicy Glazed Meatballs  
with BBQ & Mango Peach Pepper Jam  
VENDOR: Pepper-Licious  
DEMO: Wood Carving ALL DAY  
Sled Dog Demonstration  
Ice Wine Cocktail (+\$)  
LIVE MUSIC Friday, Saturday, Sunday  
Each Friday: Tapas & Ice Progressive Dinners  
Sunday Mar 8: Run & Ice Wine  
Mar 15: Beach Glass Bracelet Making Class  
Mar 22: Ice Wine Sangria & Cocktail Class

### LAURELLO Vineyards

4573 State Route 307, Geneva 44041  
440-415-0661 / [laurellovineyards.com](http://laurellovineyards.com)

ICE WINE: SIMPLY MAD HABAÑERO  
APPETIZER: Homemade Chocolate-  
Spiced Biscotti  
VENDOR: Beach Glass by Rita Burns  
JennyLynn Photography Gallery  
LIVE MUSIC 6-9PM

### CASK THREE OH SEVEN

7259 Warner Rd (Rt 307), Madison 44057  
440-307-9586 / [cask307.com](http://cask307.com)

ICE WINE: 2019 CHARDONNAY  
APPETIZER: Parmigiano Reggiano  
with Walnuts and Honey  
VENDOR: March 7 - Julery Creations  
VENDOR: Ice Wine Cookies & Baked Goods  
VENDOR: Mar 14 & 21 - Regal Vineyards  
Ice Wine Kettle Corn  
Each Friday: Tapas & Ice Progressive Dinners  
Mar 10: Opera Night "Cheers to Ice Wine Season"

FESTIVAL SHUTTLE SERVICE AVAILABLE FROM RICHMOND TRANSPORTATION. SEE EVENTBRITE FOR DETAILS!

### FERRANTE Winery & Ristorante

5585 State Route 307, Geneva 44041  
440-466-8466 / [ferrantewinery.com](http://ferrantewinery.com)

ICE WINE: SWEEPSTAKES 2017 VIDAL BLANC  
APPETIZER: Fire & Ice Farotto- Farro with  
Italian Sausage, Caramelized Onion, Bell  
Pepper and Sweet & Spicy Ice Wine Sauce  
Ice Wine Bottle Game  
VENDOR: Popp-A-Razzi Gourmet  
Ice Wine Popcorn  
Ice Wine Bottle Photo Prop  
Ice Wine Dinner ALL WEEKEND  
LIVE MUSIC

### ST. JOSEPH VINEYARD

7800 Warner Rd (Rt 307), Madison 44057  
440-298-3709 / [saintjosephvineyard.com](http://saintjosephvineyard.com)

ICE WINE: 2018 VIDAL BLANC  
APPETIZER: Raspberry Cheesecake Trifle  
VENDOR: Kryz's Family Maple Syrup  
VENDOR: Premier Designs Jewelry

### GRAND RIVER CELLARS WINERY & RESTAURANT

5750 S Madison Rd (Rt 528), Madison 44057  
440-298-9838 / [grandrivercellars.com](http://grandrivercellars.com)

ICE WINE: 2019 VIDAL BLANC  
APPETIZER: Blue Cheese and Caramelized  
Onion Mac & Cheese  
DEMO: Ice Wine Carving 12PM  
Ice Wine Martini (+\$)  
Ice Wine Marshmallow Roast(+\$)  
Ice Wine Cotton Candy (+\$)  
VENDOR: Delightful Soy Ice Wine Candles  
LIVE MUSIC Friday, Saturday, Sunday  
Each Friday: Tapas & Ice Progressive Dinners  
Sunday Mar 8: Run & Ice Wine  
Sun Mar 15: Ice Wine Yoga / Cooking Demo

### SOUTH RIVER VINEYARD

6062 South River Road, Geneva  
440-466-6676 / [southrivervineyard.com](http://southrivervineyard.com)

ICE WINE: 2017 CONCORD & 2019 BLUSH  
APPETIZER: Apple Cider Donuts  
by Brant's Apple Orchard  
Axe Throwing  
Visit Red Eagle Distillery (next door):  
Ice Wine Cocktail & Souvenir Rocks Glass+\$  
Each Friday: Tapas & Ice Progressive Dinners



# V WINE 101

By Donniella Winchell



## Cabernet Franc A cool climate red for mid-winter sipping

Over the past decade or so, our regional wineries have begun to hone their skills, both in the vineyard and cellar, with the variety Cabernet Franc. It is widely grown in Europe in such classic regions as the Loire, Bordeaux, Anjou and Medoc and has become a reliable, somewhat winter hardy variety here.

In the last decade, our Cab Francs have begun to emerge with gold and silver medals in competitions across the country.

Cab Franc, as it is commonly known, produces a “black” cluster but often produces a lighter and brighter red than its cousin Cabernet Sauvignon. It has fewer tannins and is less “meaty” than Cab Sauv too. A finished wine often emits a peppery aroma and often hints of tobacco,

raspberry, bell pepper, granite and sometimes even violets.

Cab Franc was widely planted in Bordeaux through the 18th century and most geneticists believe it is a cross between Cabernet Sauvignon and Sauvignon Blanc.

It is grown nearly everywhere in the world where fine vinifera can survive, including much of Europe, Canada, California, Washington State, Michigan, New York, and even parts of Pennsylvania and Illinois. and of course, in Ohio, both in the Lake Erie region in the north and the Ohio River Valley region of southwest Ohio.

One of the reasons it can be grown in this region more easily than some of its red counterparts is that it generally

ripens a week or two earlier in the harvest season. The berries are quite small with fairly thin skins. While some Cab Franc is made into ice wines, it is more problematic than the tough skinned Vidal Blanc which produces most of our white ice wines. However, in years when Mother Nature cooperates, a lovely rose’ colored ice wine from the variety can be a real treat.

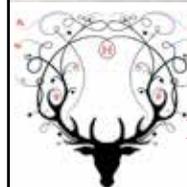
In especially cool years, when even this early ripening variety cannot reach full maturity, several of our Ohio winemakers have produced exceptional rose’ still wines. Often these are finished with just a hint of residual sugar.

One of my favorite mid-winter treats is to enjoy this light red with a bowl of chili, a crispy salad of greens with some crunchy white bread in front of a fireplace with feet propped up at the end of a long day.

For additional information: [dwinchell@OhioWines.org](mailto:dwinchell@OhioWines.org)



Uncork, Unwind &amp; Enjoy the Music!



**HUNDLEY**  
CELLARS  
6451 SR 307  
Harpersfield, Ohio  
440-361-3088

**Weekend Music 2-5pm**

**Sat. 2/8 - Susan Hagan**

**Sun. 2/9 - Me & the Boy**

**Fri. 2/14 - Swingbone 5:30-8:30**

♥ **Special Valentine Menu items** ♥

**Sat. 2/15 - Mitch & Melissa**

**Sun. 2/16 - Maria Petti**

**THURS. FEB. 20 4:30-7:30**

**THOMAS REED SMITH**

**BAKED POTATO NIGHT!**

**Sat. 2/22 - Fretless**

**Sun. 2/23 - Silver String Band**

**Sat. 2/29 - Jimmy Ales**

**Sun. 3/1 - Jimmy Mrozek**

[www.hundleycellars.com](http://www.hundleycellars.com)

Kitchen opens at Noon and closes 30 minutes before the whole joint shuts down for the night.



Mark your calendars for Spring

*Opera Nights!*

March 10, April 14 & May 12

Save when you make reservations for all three!

Visit Cask 307 to play Winter Wine Bingo & you could win a Wine Weekend Getaway!

**FEB HOURS** OPEN Sun 11-6pm

Fri & Sat 11-8pm, serving until 7pm

**CASK 307**

- EVENTS -

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# V ROOTSVILLE

By Cat Lilly

## The Grammys 2020 (untelevised portion)

If you are a fan of roots music, the best part of the Grammy Awards is the untelevised portion, which takes place earlier in the day at the Microsoft Center in downtown Los Angeles. No superstars getting mobbed by the crowd, no overdone production numbers, no pyrotechnics. The smaller, untelevised categories are a vital way to pay homage to artists, writers, and technicians working primarily outside of the mainstream, the ones who don't typically receive elaborate public recognition for their contributions to our culture.

The afternoon premiere ceremony showcases traditional American genres like folk, blues, country, and gospel, as well as regional music like Zydeco, Tejano, and Native American. Some awards draw attention to the people behind the scenes - Best Historical Album, for example, which honors important reissue projects, or Best Boxed or Limited-Edition Package, presented since 1995 to an album's art directors. The majority of the total eighty-four Grammys awards given out are actually presented at the pre-show ceremony, and it can be live-streamed in various ways.

Highlights from this year's untelevised ceremony: Sara Bareilles finally got her Grammy after nine nominations in eleven years, for the dreamy "Saint Honesty," a pre-released track from her upcoming album *Amidst the Chaos*, produced by T Bone Burnett. After fifty years in the business and fourteen nominations, Tanya Tucker won her first-ever Grammys at the age of 61. She was coaxed out of retirement by Brandi Carlile and Shooter Jennings, who co-wrote most of the songs on the album they produced for her, *While I'm Livin'*. Tanya won Best Country Song for "Bring My Flowers Now" and the album also took home Best Country Album. New Jersey's Gloria Gaynor won her second Grammy for her gospel album, *Testimony*, forty years after winning her first for the disco mantra "I Will Survive."

Blues guitarist Keb' Mo took home his fourth Grammy for Oklahoma, Best Americana album. The inspiration for the title track started with a visit to the state



in 2013 for a benefit show with Kenny Wayne Shepard, where he witnessed first-hand the aftermath of a destructive tornado. Native American connection and tragedy, natural and man-made disasters, incredible musicians of the Tulsa Sound, and western ruggedness and fortitude are all themes. The album features Taj Mahal, Rosanne Cash, and Robert Randolph on lap steel.

Austin, Texas was represented well at the Grammys this year. Five artists hailing from Austin earned a total of seven Grammys: Gary Clark Jr. burned down the house with his anti-racism anthem "This Land," which he also performed in prime time. The tune earned four nominations: Best Rock Performance, Best Rock Song, Best Contemporary Blues Album, and Best Music Video, and won in all but the last. Clark was one of five Austin artists who earned seven Grammy awards total - Willie Nelson added another award to his collection after winning Best Solo Country Performance and veteran folkie Patty Griffin took home Best Folk Album. Born in Austin and raised in Wimberley,

Texas, Sarah Jarosz won Best American Roots Song for "Call My Name." Delbert McClinton, who has lived in Austin part-time for several decades, snagged Best Traditional Blues Album award for *Tall, Dark & Handsome*. The Black Pumas (Best New Artist) and Jimmie Vaughan (Best Traditional Blues Album) were two other Austin artists who were nominated for an award.

Singer-songwriter Brandi Carlile also netted a number of nominations, including Song of the Year (for her work on Tonya Tucker's "Bring My Flowers Now"), Best Country Duo/Group Performance (for her collaboration on Marren Morris's "Common"), and Best Country Song ("Bring My Flowers Now"). Brittany Howard also grabbed three Grammy nominations including for "Best Rock Performance" ("History Repeats"), and "Best Rock Song" ("History Repeats").

A new artist to watch is Yola, who burst onto the Americana scene this year with her debut album, *Walk Through Fire*, produced by Dan Auerbach of the Black Keys. The 35-year-old artist, born Yolanda Quartey, grew up in England listening to her mother's record collection of American country and rock: Dolly Parton, the Byrds, Emmylou Harris, the high harmonies of the Everly Brothers, the varied vocal registers of Etta James. She has spent the past decade or so shifting between various behind-the-scenes roles as a singer in Bristol and London. Then she teamed up with Auerbach, her cohort at Easy Eye. Her thrilling debut is a meticulously crafted love-letter to 20th century American pop that fuses a half-dozen or so genres (early Seventies Muscle Shoals country-soul, Laurel Canyon singer-songwriter, Phil Spector pop, smooth R&B, Sixties country-politan) into a fresh blend that eschews contemporary trends. Her song "Faraway Look" earned two nominations - Best American Roots Performance, and Best American Roots Song - and *Walk Through Fire* was nominated for Best Americana Album.

*Good Time*, the album by Ranky Tanky, a quintet that specializes in jazz-influenced arrangements of the traditional African-American Gullah music of the Southeastern United States, won the award for Best Regional Roots Music album. The category was created in 2011 as a catch-all for Hawaiian, Native American/First Nation, polka, and Louisiana-based Cajun and Zydeco music, and replaced separate award categories for those distinctly dif-

ferent styles of music.

Good Time prevailed over Kalawai'anui, the critically acclaimed celebration of family legacy and genealogy by Amy Hanaiali'i, Hawaiian Lullaby, a compilation album produced by Imua Garza and Kimie Miner, Recorded Live At The 2019 New Orleans Jazz & Heritage Festival by the Rebirth Brass Band, and When It's Cold - Cree Round Dance Songs by the Canadian First Nations powwow and round dance drum and singing group Northern Cree.

Mikayla Simpson, otherwise known as Koffee in the music industry, carved her name in the history of Reggae. Koffee made history as the youngest and first woman ever to win a Grammy for Best Reggae Album, for her EP Rapture, released last year. The nineteen-year-old singer-cum-rapper was raised by her single mother in Spanish Town, just outside of Kingston. She sang in a church choir as a child and taught herself how to play guitar at the age of 12.

### A sampling of 2020's untelevised nominees and winners:

#### Best American Roots Performance

This is for performances in the style of any of the subgenres encompassed in the American Roots Music field including Americana, bluegrass, blues, folk or regional roots.

#### "Saint Honesty" - Sara Bareilles (WINNER)

"Father Mountain" - Calexico And Iron & Wine

"I'm On My Way" - Rhiannon Giddens with Francesco Turrisi

"Call My Name" - I'm With Her

"Faraway Look" - Yola

#### Best American Roots Song

A songwriter's award. Includes Americana, bluegrass, traditional blues, contemporary blues, folk or regional roots songs.

#### "Call My Name" - Sarah Jarosz, Aoife O'Donovan & Sara Watkins, songwriters (WINNER)

"Black Myself" - Amythyst Kiah, songwriter (Our Native Daughters)

"Crossing To Jerusalem" - Rosanne Cash & John Leventhal, songwriters (Rosanne Cash)

"Faraway Look" - Dan Auerbach, Yola Carter & Pat McLaughlin, songwriters (Yola)

"I Don't Wanna Ride The Rails No

More" - Vince Gill, songwriter (Vince Gill)

#### Best Americana Album

**Oklahoma - Keb' Mo' (WINNER)**

*Years To Burn* - Calexico And Iron & Wine

*Who Are You Now* - Madison Cunningham

*Tales Of America* - J.S. Ondara

*Walk Through Fire* - Yola

#### Best Bluegrass Album

**Tall Fiddler - Michael Cleveland (WINNER)**

*Live In Prague, Czech Republic* - Doyle Lawson & Quicksilver

*Toil, Tears & Trouble* - The Po' Ramblin' Boys

*Royal Traveller* - Missy Raines

*If You Can't Stand The Heat* - Frank Solivan & Dirty Kitchen

#### Best Country Solo Performance

**"Ride Me Back Home" - Willie Nelson (WINNER)**

"All Your 'n" - Tyler Childers

"Girl Goin' Nowhere" - Ashley McBryde

"God's Country" - Blake Shelton

"Bring My Flowers Now" - Tanya Tucker

#### Best Country Duo/Group Performance

**"Speechless" - Dan + Shay (WINNER)**

"Brand New Man" - Brooks & Dunn With Luke Combs

"I Don't Remember Me (Before You)" - Brothers Osborne

"The Daughters" - Little Big Town

"Common" - Maren Morris featuring Brandi Carlile

#### Best Country Song

**"Bring My Flowers Now" - Brandi Carlile, Phil Hanseroth, Tim Hanseroth & Tanya Tucker, songwriters (Tanya Tucker) (WINNER)**

"Girl Goin' Nowhere" - Jeremy Bussey & Ashley McBryde, songwriters (Ashley McBryde)

"It All Comes Out In The Wash" - Miranda Lambert, Hillary Lindsey, Lori McKenna & Liz Rose, songwriters (Miranda Lambert)

"Some Of It" - Eric Church, Clint Daniels, Jeff Hyde & Bobby Pinson, songwriters (Eric Church)

"Speechless" - Shay Mooney, Jordan Reynolds, Dan Smyers & Laura Veltz, songwriters (Dan + Shay)

"Desperate Man" - Eric Church

"Stronger Than The Truth" - Reba McEntire

"While I'm Livin'" - Tanya Tucker (WINNER)

"Desperate Man" - Eric Church

"Stronger Than The Truth" - Reba McEntire

"While I'm Livin'" - Tanya Tucker (WINNER)

"Desperate Man" - Eric Church

"Stronger Than The Truth" - Reba McEntire

Continued on Page 10

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Sat., 2/22 - Troubadours Of Divine Bliss (7-10)  
Fri., 2/28 - Blues Chronicles (7-10)  
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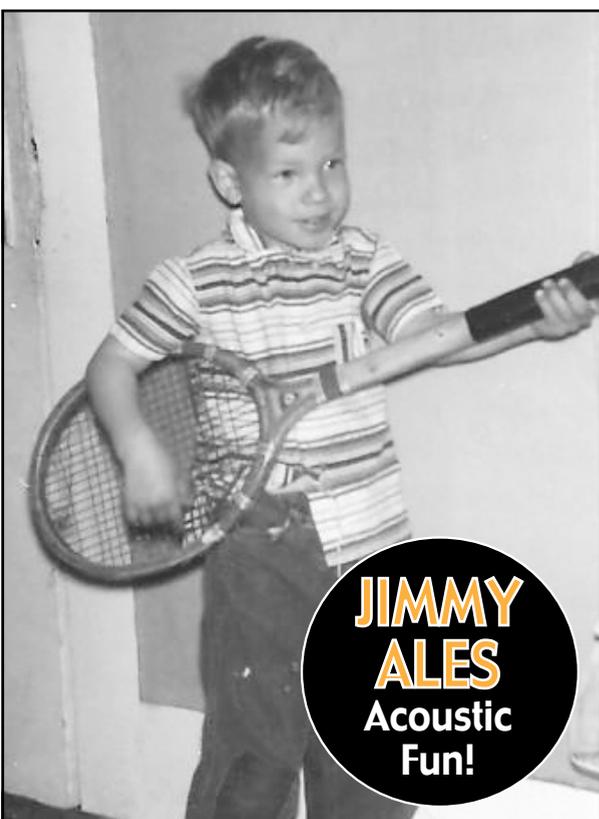
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Continued From Page 9

*Interstate Gospel* - Pistol Annies  
*Center Point Road* - Thomas Rhett

**Best Traditional Blues Album**  
*Tall, Dark & Handsome* - Delbert McClinton & Self-Made Men (WINNER)  
*Kingfish* - Christone "Kingfish" Ingram  
*Sitting On Top Of The Blues* - Bobby Rush  
*Baby, Please Come Home* - Jimmie Vaughan  
*Spectacular Class* - Jontavious Willis

**Best Contemporary Blues Album**  
*This Land* - Gary Clark Jr. (WINNER)  
*Venom & Faith* - Larkin Poe  
*Brighter Days* - Robert Randolph & The Family Band  
*Somebody Save Me* - Sugaray Rayford  
*Keep On* - Southern Avenue

**Best Folk Album**  
*Patty Griffin* - Patty Griffin (WINNER)  
*My Finest Work Yet* - Andrew Bird  
*Rearrange My Heart* - Che Apalache  
*Evening Machines* - Gregory Alan Isakov  
*Front Porch* - Joy Williams

**Best Regional Roots Music Album**  
*Good Time* - Ranky Tanky (WINNER)  
*Kalawai'anui* - Amy Hānaiali'i  
*When It's Cold* - Cree Round Dance Songs - Northern Cree  
*Recorded Live At The 2019 New Orleans Jazz & Heritage Festival* - Rebirth Brass Band  
*Hawaiian Lullaby* (Various Artists) - Imua Garza & Kimi Miner, producers

**Best Reggae Album**  
*Rapture* - Koffee (WINNER)  
*As I Am* - Julian Marley  
*The Final Battle: Sly & Robbie vs. Roots Radics* - Sly & Robbie & Roots Radics  
*Mass Manipulation* - Steel Pulse  
*More Work To Be Done* - Third World

**Best Album Notes**  
*Stax '68: A Memphis Story* - Steve Greenberg, album notes writer (Various Artists) (WINNER)  
*The Complete Cuban Jam Sessions* - Judy Cantor-Navas, album notes writer (Various Artists)  
*The Gospel According to Malaco* - Robert Marovich, album notes writer (Various Artists)  
*Pedal Steel + Four Corners* - Brendan Greaves, album notes writer (Terry Allen And The Panhandle Mystery Band)  
*Pete Seger: The Smithsonian Folkways Collection* - Jeff Place, album notes writer (Pete Seeger)

**Best Historical Album**  
*Pete Seger: The Smithsonian Folkways Collection* - Jeff Place & Robert Santel-

**li, compilation producers; Pete Reiniger, mastering engineer (Pete Seeger) (WINNER)**  
*The Girl From Chickasaw County* - The Complete Capitol Masters - Andrew Batt & Kris Maher, compilation producers; Simon Gibson, mastering engineer (Bobbie Gentry)  
*The Great Comeback: Horowitz At Carnegie Hall* - Robert Russ, compilation producer; Andreas K. Meyer & Jennifer Nulsen, mastering engineers (Vladimir Horowitz)  
*Kankyō Ongaku: Japanese Ambient, Environmental & New Age Music 1980-1990* - Spencer Doran, Yosuke Kitazawa, Douglas Macgowan & Matt Sullivan, compilation producers; John Baldwin, mastering engineer (Various Artists)  
*Woodstock: Back To The Garden* - The Definitive 50th Anniversary Archive - Brian Kehew, Steve Woolard & Andy Zax, compilation producers; Dave Schultz, mastering engineer, Brian Kehew, restoration engineer (Various Artists)

**Best Music Film**  
 For concert/performance films or music documentaries. Award to the artist, video director, and video producer.

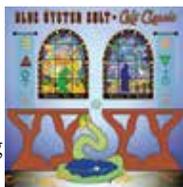
**Homecoming - Beyoncé (WINNER) 2019**  
 Concert film about Beyoncé's performance at the 2018 Coachella Valley Music and Arts Festival.  
*Remember My Name* - David Crosby  
 With unflinching honesty, self-examination, regret, fear, exuberance and an unshakable belief in family and the transformative nature of music, singer-songwriter David Crosby shares his often-challenging journey.  
*Birth Of The Cool* - (Miles Davis)  
 Horn player, bandleader, innovator. the very embodiment of cool. The central theme of Miles Davis' life, and of this film is Davis' restless determination to break boundaries and live life on his own terms. This documentary feature explores archival photos and home movies shot by Miles and his colleagues, his manuscripts and Miles' original paintings, to explore the man behind the music. Featuring interviews with some of the most well-known musicians on the planet.  
*Shangri-La* - (Various Artists)  
 Four-part docu-series focusing on creative conversation and the emotional side of music-making, using legendary music producer and Def Jam Records co-founder Rick Rubin's iconic Malibu, CA, studio as the backdrop.

# CD REVIEWS

By Pete Roche

## The boys in Blue Oyster Cult don't fear the reissue

Guitarists Eric Bloom and Donald "Buck Dharma" Roeser have done it all since their group's formation in Long Island, New York, in the late '60s. They released a plethora of sci-fi and philosophy-inspired studio albums (Tyranny & Mutation, Secret Treaties, Agents of Fortune) over the decades, rocking out on each with rotating casts of killer bandmates like brothers Joe (bass) and Albert Bouchard (drums), and keyboardist Allen Lanier, who died in 2013. There were fantastical hits like "(Don't Fear) The Reaper" and "Godzilla" in the 1970s, and guitar-powered cuts like "Burning for You" to keep them current in the '80s.



Then there was that little Y2K Saturday Night Live sketch, wherein enthusiastic record producer Bruce Dickinson (Christopher Walken) coaxes "more cowbell" from fictitious BOC percussionist Gene Frenkle (Will Ferrell) during a "Reaper" studio session. Promulgation of the clip online ensured that neither Blue Oyster Cult nor its most popular song would be forgotten anytime soon...and its cultural impact was a readymade case-in-point for BOC's induction into the Rock and Roll Hall of Fame.

Twenty years on, Bloom and Dharma are still going strong. And while the politically-correct Rock Hall committee continues to shun BOC in favor of caterwauling R&B divas (who don't write the bulk of their own material) and nursery-rhyming gangsters, diehard fans still buy up the Cult's compilation albums and flock to their incendiary live shows.

So why not celebrate the half-century mark with a killer live album and remastered "best-of"? Out now on Frontiers, Cult Classics and Hard Rock: Live Cleveland 2014 are the latest testaments to the enduring musical magic of the Cultosaurus Erectus auteurs.

Originally issued in 1994, Classics is a full disc's worth of re-recordings of BOC's best-known entries from the '70s and '80s. But now the (mostly true-to-the-original) re-takes have been remastered...and pressed to vinyl (2 LPs) with fresh, fascinating cover artwork. Performed by Bloom, Dharma, and Lanier with then-bassist Jon Rogers and drummer Chuck Burgi, familiar bits like "Reaper," "Godzilla," "Burning for You," and "Astronomy" dovetail nicely with respectful retreads of BOC backtracks like "ETI Extraterrestrial Intelligence," "Flaming Telepaths," "This Ain't the Summer of Love," and "ME 262." The CD also tacks on a couple "TV mixes" of "Godzilla" and "Reaper."

Also new on vinyl (3 LPs), Live Cleveland 2014 captures the Cult live onstage in October 2014, at the then two-year old Hard Rock "Rocksino" (now MGM) in the C-Town / Akron suburb of Northfield, Ohio. The 2-CD affair is also available on DVD / Blu-Ray, borrowing footage sourced from multiple cameras that streamed the hair-raising pre-Halloween spectacle on Yahoo! Live.

Joining Dharma and Bloom this time out are keyboardist / guitarist Richie Castellano and drummer Jules Radino (both on board since 2004), and special guest bassist Kasim Sulton (of Todd Rundgren, Utopia, and Meat Loaf fame). And yes, the gents sound juiced on Tyranny tracks "OD'd on Life Itself," "The Red and The Black," and "Hot Rails to Hell" and Spectre standbys "Golden Age of Leather" and "I Love the Night." The band's signature chops are on full display visually and aurally, and are especially impressive given that the guys were already in their late 50s and 60s.

Along with the obligatory BOC chart hits, both Classics and Hard Rock Live contain frenetic fan favorites "Cities on Flame With Rock and Roll," "Buck's Boogie," and "Harvester of Eyes."

Oh, no! There goes Tokyo...and Cleveland!

Bravo, Blue Oyster Cult!

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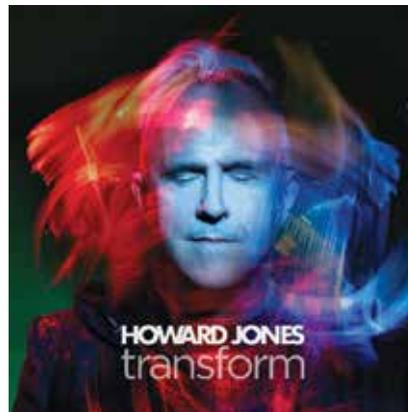
By Helen Marketti

## A chat with Howard Jones ahead of Kent Stage Concert

80's artist, Howard Jones will be at the Kent Stage on Tuesday, March 10th. He will be performing fan favorites as well as new material from his most recent album, Transform.

Howard's first single, "New Song", was released in September 1983. It reached the Top 30 in the US and the Top 5 in the UK. His other well-known hits during the 80's were, "No One Is To Blame", "Things Can Only Get Better", "What Is Love", (not to be confused with late 90s Night at the Roxbury theme) and many more!

I recently interviewed Howard about his



while growing up. I think it was kind of a golden age of pop music. There were so many artists putting out so many great song-based records and also presenting the music with the new musical landscape of synthesizers and drum machines. There was a huge variety of genres going on at the same time. You had Reggae Ska, Indie rock, Glam rock and so on. Everyone could have their own tribe because there was something for everyone."

We took a few moments to discuss his recent album, Transform. "I knew my fans wanted me to do a new electronic record and my record company wanted to reissue Human's Lib and Dream into Action. I was listening often to those first two albums and thinking about how I made records at that time. So, I made an album inspired by my younger self encouraged by my fans." It also features three collaborations with electronic musician BT.

Fans will enjoy his show on March 10 at the Kent Stage. "Every time I go out on tour, I like to change it up and do something different. For this tour, it's the acoustic trio and I will be playing songs from my whole career as well as some brand-new songs from the Transform album and a few covers because I like to surprise people."

Howard is continuing to work on more projects and stay inspired. "I have just released a new single of a track from the Transform album called, The One to Love You and it's been remixed by a guy called, Life Like. I am doing really well on the other streaming services and it's starting to get them added on radio. I just wanted to let people know that it's worth checking out."

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latest album and current projects.

"The artists that I always enjoyed listening to when I was younger were Stevie Wonder and Keith Emerson (Emerson, Lake & Palmer) because I thought they were amazing keyboard players," said Howard.

"I started learning the piano when I was seven and got a radio when I was nine. I listened to the radio every night. I attended my first concert when I was 14. On the bill was The Who, the 1910 Fruit Gum Company and The Troggs and it just blew my mind. It was then that I thought, this is what I want to do with my life. That's when I decided I wanted a career in music."

Howard has specific thoughts of how he feels music has changed and evolved since the 80's as well as how the 80's generation still influences music interests today. "I think the biggest change has been that people can now make great records at home in their own bedroom if they can spend time learning the software and work from their computer. In the old days we had to go into the studio to get signed by a record company. There was a very narrow window that everyone was trying to squeeze through. Technology has democratized peoples' ability to make music," he said. "People who grew up in the 80's are always going to love that era of music because it brings back all of those amazing memories and the important times

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Note: Must be 21 yrs old to participate in the tour package. Valid ID required.

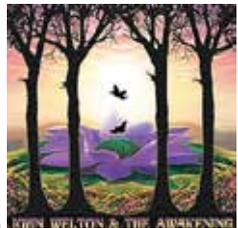


## John Welton & The Awakening album release party

Beachland Ballroom February 22nd

John Welton & The Awakening is a seven-piece band from Ohio that seems to fall into the jamband category, but is certainly not your typical jam band. With a heavy focus on lyrical content and big harmonies, they are more of a "song-band" that jams! John is the former frontman of long-time Ohio favorites, Waterband, whose November 2019 reunion show sold out The Beachland Ballroom.

drummer Erik Diaz (formerly of Hot Tuna), inspired the band to scrap the tracks that had already been recorded for the double album titled 11:11, and capture the essence of the synergy between the players in this newly energized band.



Recent changes to the line-up of The Awakening, including the addition of

Opening act Erie Waters, takes the Stage at 8

## Sam Brenner to Perform One-Night-Only Concert

Guitarist and vocalist Sam Brenner is headlining a one-night-only concert at Mayfield Village Civic Center on Saturday, March 14, 2020. The concert begins at 7:00 p.m. with Fairmount Center for the Arts students opening for Brenner. A post-concert "Coffee and Chocolates" reception with Brenner will follow the concert at 9:00 p.m. for a special ticket price. Genre: Americana/Roots/Bluegrass/Folk

After pursuing a full-time professional music career, traveling thousands of miles, performing hundreds of shows and cutting two studio albums, Sam decided music didn't need to be his fulltime career. He returned to Northeast Ohio to settle down and joined BoxCast, a live video streaming solution for organizations, as VP of Marketing and Sales. This career transition isn't as unusual as it may seem. Sam marketed his music by posting videos on YouTube, interacting with fans on Twitter, promoting shows on Facebook, and taking pictures of set lists and posting them on Instagram.

Changing careers doesn't mean Brenner has lost his love and passion for music, which he says will always be a part of his life. His harmonious debut album, Where

Continued on Page 28

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 for more information & pictures

**V NOTES FROM TOM TODD**

**The Good Old Days?**

We hear it so often: “Things were better in the good old days.” Also, “Life is getting worse.” (Or, as the average high school English student would say, “Life is getting worser and worser.”)

Well, let’s take a look at this, and see if things were really better in the “good old days.”

At my first job ever, I made 65 cents an hour. Gas was 25 cents a gallon. So, in an hour, I “earned” about 2 ½ gallons of gas. Today, the federal minimum wage is \$7.25 an hour, and gas is around \$2.50 per gallon, give or take. So, today an hour’s work earns us about 2 ½ - 3 gallons of gas. Very slight edge to Today.

But look at the gas itself. Back then, gasoline had lead in it. We were literally poisoning ourselves every time we filled up our tank. Today, lead is outlawed as a fuel additive. Advantage: Today

And speaking of which, let’s talk about cars. The cars from before, say, the mid-sixties were death traps! Steel dashboards, no padding, exposed gas tanks, often no seat belts, and engines that polluted. Today, we have padded dashboards, air bags, padded doors, better seatbelts, safer gas tanks, and cleaner running engines. Granted, the cars of today are made of as much plastic as steel, and hitting a squirrel can result in thousands of dollars of damage (while those old cars were built like tanks), but all of that plastic, bending and flexing and breaking away, is what makes car crashes today more survivable. Advantage: Today

I’m a musician, so let’s look at musical instruments. “Boy, they don’t make ‘em like they used to,” the instrument collectors say. I don’t know about that. For instance, when they started making electric guitars in the 1930’s and 1940’s, it was rather experimental. Some of the instruments that came out at that time were pretty useless by today’s standards. (One famous exception is the Fender guitars of the 1950’s. They nailed it right out of the starting blocks with those, and that sound is still copied and appreciated to this day.) Also, in the 1970’s, guitar manufacturers started taking lots of shortcuts on quality and materials, and some pretty junky instruments came out of

that era. Today, the quality of new guitars is WAY up. Even the “cheap” foreign-made guitars have straight necks, wonderful action, good sound, and hardware that works. And the price? In the ‘60’s, a good Fender guitar was around \$300 - \$500, or, using my 65 cents/hour rate, about 500 - 700 hours of work, to buy one. Today, you can get a really fine guitar for about the same price, \$300 - 500, and at today’s minimum wage of \$7.25/hour, that comes to about 50-70 hours of labor. Definite advantage: Today

The same applies to most other musical instruments. The technology and the manufacturing processes apparently have improved, because the new stuff in the stores sounds and plays great! (I think that with today’s very competitive markets, the manufacturers actually sat down and listened to musicians’ complaints, and strived to make a better product. Hooray for capitalism!) I admit that some of these statements by me are rather subjective, but, since I’m writing this article, Advantage: Today

Onward we go to my nemesis: computers! When I was a kid, the only computers that existed were on Star Trek. And those apparently were not much help, because Captain Kirk still got into trouble each week. Then, in the late ‘70’s and early ‘80’s, you could actually buy a computer to use at home. (Cost \$500 - \$1000 average, so at 1980’s minimum wage of \$3.10/hour, about 200 hours of labor.) And what wonderful inventions they were! Some worked, some didn’t! Some just sat there and said: “C:\\” or “not enough memory.” But today, computers actually work! Today, even I, one who struggles for many sad lonely hours trying to understand these machines, have to admit that they can do wonderful, amazing things! The Internet, printing, communicating, games, nowadays even running your house, and helping me write articles like this one, are all aided by the computer. And how much do they cost today? Still \$500 - \$1000 for a desktop computer, and at today’s minimum wage, that’s about 100 hours. Advantage: big time Today!

So, say goodbye Ford Pinto, Etch-a-Sketch, and Hula-Hoop. The Future is Now! Embrace it!

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# PEDESTRIAN RAMBLINGS

By Steve Madewell

## A Mind-Altering Experience

I had a mind-altering experience while I was taking a walk the other day. Or rather my mood was altered while I was taking a walk. It was one of those grey, damp, cold mornings when doing anything seems to be a chore. I had some papers to take care of, the endless task of organizing and putting things away, some basic house cleaning, and a few phone calls to make. All the while, I was swimming in a sea of mental chaos, being distracted by the array of things I had to do. I needed to get outside and take a walk.

I started to mentally debate where to go and immediately realized that if I took time to think about it, I would likely find an excuse not to go and talk myself into staying in the physical comfort of my house. And if you are anything like me, on a day like this, even a simple decision can become a barrier. I could easily lose the morning engaged with social media and procrastinating about work. Instead, I grabbed a jacket, a hat, put on some appropriate shoes and threw myself out the door.

I opted to just walk the normal loop and keep things simple. So off I went, a mile on roadways to the bike trail, then half a mile on the bike trail, back to the road and back home. A nice little two-mile shuffle.

As I was walking, I could feel my mood begin to shift from being focused on my "internal" world to gradually observing and engaging with the world around me.

By the time I hit the bike trail, my mind was in a different place. I saw one runner and several other hikers. At our passing, I acknowledged these folks with a good morning or a smile. There were the occasional group of chickadees and juncos, and a couple of cardinals a little further down the way. As I walked along, I recalled a conversation I had with the older man who plowed my driveway. Herb had said he had a problem with "that Metroparks bike trail." He was notoriously outspoken and critical of just about everything. I fully expected him to launch into a tirade about government spending and ridiculous projects. So, I braced myself and asked what that problem was, Herb? I nearly fell over when he said that they didn't go far enough with it. And he went on to say it was the greatest thing the Metroparks has done. He loved being able to go biking with his

grandson and not worry about traffic. And then he repeated himself: "They just didn't go far enough."

The recollection brought a smile to my face and by the time I turned onto the road for the "home-stretch," I was in a completely different frame of mind. On a gray, dreary northeastern Ohio morning, a simple walk had altered my mood and turned my day around.

The amount of research illustrating the benefits of simply walking out of doors is growing every day. In addition to lowering blood pressure and reducing anxiety, a walk out of doors can stimulate creativity, and enhance motivation and problem-solving. But greenways can also enhance property values and make communities and neighborhoods more desirable places to live. Long bike trails or networks of bike trails are travel destinations.

In September this past year, local officials announced that construction would begin on the North Shore Trail. This will connect the Western Reserve Greenway Trail to Lake Erie at Walnut Beach. The Greenway Trail is part of the Great Ohio Lake to River Trail. When finished, the Lake to River Trail will be 110 miles long! While its completion might be decades away, it is a vision worth pursuing.

I am sure the folks who had the dream of building the Great Allegheny Passage or the C&O Canal trails encountered obstacles and challenges along the way, but these trails are 150 and 185 miles long. Who would have ever thought you could ride a bike from Pittsburgh to Washington, DC?

When I moved from southern Ohio in 1986, the second section of the Little Miami Scenic River Trail had just been completed. It was 44 miles long. Today that section of trail is a part of a 350-mile network. As these large projects come together over time, they often stimulate smaller trails that connect to parks or neighborhoods. And every piece of these trail-ways is providing opportunities every day for a person like me to take a morning walk and turn their day around.

If you want to know more about local greenway trails, the Metroparks are a good place to start. If you would like to learn more about trails across the state, look up Ohio Bike Ways.

[www.ohiobikeways.net/neregionlist.htm](http://www.ohiobikeways.net/neregionlist.htm)

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# MIND BODY SPIRIT

By Amanda Nelson



## Try Self-Care to Fight Seasonal Affective Disorder

The last stretch of winter grinds on and the months of cold weather, staying indoors, and lack of sun exposure can start to take a toll on us. Don't let its name fool you, Seasonal Affective Disorder, or SAD, can start as early as the fall and if left untreated can lead to depression in the spring or early summer. Worse, this can happen at the same intervals every year. The cyclical nature can make it easy to not address since the cause is typically common of individuals in climates like northeast Ohio. Committing to take care of your self is the first step towards stabilizing your mood and perception year-round.

Self-care is becoming a popular term used to advocate the importance to taking time out to recharge. Most people's lives are busy with long work hours, taking care of loved ones, and making ends meet to keep a roof over your head with food on your table. More people are realizing taking time for yourself can touch all the areas of your life in a positive way because we all interact better when our moods are lifted and energy is amenable. Knowing the signs of SAD will help you determine if you or someone you love needs help. Look for patterns of low energy, difficulty sleeping, changes in appetite or ability to concentrate. It can be necessary to see a doctor if you're noticing depression most of the day for days on end, losing interest in previously enjoyed activities, or thoughts of death or suicide.

There are steps we can take to hopefully avoid the disorder from progressing that far. Try to make your environment brighter by opening curtains, install skylights or move close to a window while working or relaxing. Any opportunity to get outside, weather permitting, will be ideal to get sunlight on your skin even during overcast and is particularly helpful within the first two hours of your day. Mind-body connection activities are highly recommended as well such as yoga, tai-chi, meditation, and music or art therapy. Overall attempts at taking care of yourself like getting enough sleep, eating well, and exercising are also essential.

Sometimes it's necessary to elicit services

that can elevate your ability to rest when symptoms are setting in. Cosmetic Laser Medi Spa and More has something for everyone to help them receive some self-care. Therapeutic and relaxation massages are offered in our beautiful beach themed spa rooms equipped to accommodate couple's services for anyone who wants their loved ones cared for and supported too. Esthetician services like facials, hand and foot massages, and whole-body skin exfoliation techniques can be personalized to your individual needs. Even small changes like semi-permanent eyelash curling can make a big change in how you see yourself and save time in your cosmetic routines.

If cosmetic outpatient services are of interest to you then you deserve to find out more for yourself! Maybe temporary changes with Botox or fillers like Juvederm or Voluma would help you feel confident, they are more common than you think and will eventually fade if you don't care to maintain it any longer. Permanent services aren't as scary as it may seem either when you consider how much you currently put into maintaining them. Laser hair removal and electrolysis can remove unwanted hair on the face or body but a minimum of a year commitment is needed to achieve permanent removal. Most of our clients say their hair removal is life changing because of the time they save shaving or alleviating the shame or embarrassment of unsightly growths. Mole removal, fungus removal, and so many more small changes can easily be addressed with the right service and will leave you feeling comfortable in your body again.

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# V CONCERT REVIEWS

By Pete Roche

## Glen Phillips (Toad the Wet Sprocket) & Chris Barron (Spin Doctors) Rewind and Unwind at Music Box

A wormhole in the space-time continuum engulfed the Flats West Bank on January 15 when '90s alt-rock stars Glen Phillips and Chris Barron brought their two-man solo acoustic show to Music Box Supper Club.

Better known as the front-men / lead singers for Toad the Wet Sprocket (Phillips) and The Spin Doctors (Barron), the bearded bards re-wound the clock to a time when Desert Storm was making headlines, Saved By the Bell and Baywatch were making splashes on TV, and their respective hit albums, too, had to be re-wound...in cassette players.

You might not know the names, but you remember the radio smashes: Phillips and Toad the Wet Sprocket struck gold in '91 with "All I Want" and "Walk on the Ocean" (both from the album fear), while Barron and The Spin Doctors scored big in '92 with "Little Miss Can't Be Wrong" and "Two Princes" (both off Pocket Full of Kryptonite).

Both bands (TWS from Santa Barbara, CA and Spin Doctors from NYC) enjoyed heavy rotation on MTV—back when the once-influential cable network still featured music videos. And while neither group has matched its mid-Nineties success, they both kept recording new material and touring into the 2000s and beyond. And both singers launched solo careers that paralleled their band's trajectory and—to some extend—each other's.

The Wednesday night tag-team concert (Barron first, Phillips second) was characterized by the headliners' offbeat humor. Banter from both men was absurd, scatological, and cerebral...and as deft and well-timed as their guitar skills. Between the eight and ten o'clock hours the near capacity concert hall was treated to seemingly out-of-nowhere references to '70s disco (Sister Sledge and Studio 54), Rush (and the passing of drummer Neil



Peart), California landslides, unreasonable parental expectations, folk guitarist Ani Di-Franco, Muddy Waters, shopping for musical gear while stoned, stepmothers with machetes, and a brother trapped beneath Mick Jagger's bum backstage.

Comfortably dressed in T-shirt and jeans (which a fan later offered to buy, for charity...long story), Barron delighted with lighthearted unplugged numbers from his recent solo album ("Angels and One-Armed Jugglers," "Still a Beautiful World," "Catfish Blues") and Spin Doctors smashes ("Jimmy Olsen's Blues," "Two Princes," "Little Miss"). Phillips joined Barron in singing "Little Miss," and the bro-bard chemistry between the two bearded buddies was immediate and palpable.

"Aren't we adorable?!" joked Barron. "I wish my mother could see us!"

Barron—whose hair is short and white now instead of long and red—also tickled a frail old ukulele that was held together by duct tape. Other high points included a song inspired by the zombie film Warm Bodies ("In a Cold Kind of Way"), and a gem from Barron's sideband (Canoes) with a couple Norwegian rock stars ("Steal a Little Time").

"You probably just thought I danced and wore funny hats," mused Barron. The "What Time Is It?" singer wasn't entirely wrong. We knew Barron could play guitar, but we didn't know just how good he is at it (at least not until we heard his solo record last year).

Phillips didn't play Barron's uke (despite a shouted request to give it a try), but his

use of alternate tunings and judicious capo placement allowed for some exotic guitar chords on "Gather" (from 2005's Winter Pays for Summer), "Grief and Praise" (from 2016's Swallowed by the New), and "The Next Day" (from 2006's Mr. Lemon).

Toad tracks included "All I Want," "Crowing," "Whatever I Fear," and "Walk on the Ocean"—on which the audience sang along giddily. Glenn also dusted off a tune recorded a few years back with his Nickel Creek friends in the Works Progress Administration ("Always Have My Love"), and at one point broke into The Tubes' '80s hit "She's a Beauty (One in a Million)."

For as nimble as he was on guitar, Phillips' voice was terrific, his pipes filling the room on "Old Habits Die Hard," "Crazy Life," and "Don't Need Anything." He also indulged a couple a capella songs—including a Peruvian folk ballad and a MaMuse (acoustic duo) protest song ("We Shall Be Known").

We serendipitously sat right next to Phillips for dinner, which he took with some Cleveland friends (whose kids grew up with his own), and couldn't help overhear some of their conversation. Hey, Music Box seats ya wherever your ticket is, man. Phillips talked about having to re-learn the guitar after severing the nerves in his left forearm on a broken glass table. One would barely notice any evidence of injury, what with all the tattoos now running up the singer's sleeve.

Phillips also charmingly confessed that the Pixar film Inside Out was an emotional gut punch for him after his divorce.

Hey, I hear ya, Glenn.

Poor Bing Bong!

Phillips will return to Cleveland this summer (with Toad the Wet Sprocket) for a July 3 concert (with Barenaked Ladies and Gin Blossoms) at Jacobs Pavilion.

Barron—who overcame vocal paralysis in 1999—still records and tours with Spin Doctors.

## Air Supply Landed at Akron Civic Theater

"Anyone seeing us for the first time tonight?" asked Air Supply's Graham Rus-

*Continued on Page 18*



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Hooley House  
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Winery  
7-10**

**Sat. Mar. 7  
Deer's Leap  
Winery  
7-10**

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*Continued From Page 17*

sell at the Akron Civic Theatre on January 18th. “You’re an Air Head now! There’s no going back!”

Russell—the tall, blonde, guitar-playing half of the duo behind soft rock hits like “Sweet Dreams” and “Making Love Out of Nothing At All”—was in terrific spirits at the historic venue, despite the muddy, wet, and windy conditions outside (where the theatre and adjacent properties are still being updated). And why not? He and singing partner Russell Hitchcock—the shorter guy with the booming tenor (but husky, Aussie-inflected speaking voice)—are out celebrating almost 45 years of making music together. “That’s longer than all my marriages!” joked the white-headed Hitchcock, whose locks were black and curly in the ‘80s. “Who knew we’d still be doing this so many years later, or that my hair would be this color?”

During the Saturday evening gig the black-suited Hitchcock also let slip that it was an ex-girlfriend who gave him the confidence to share his pipes with the world. His then-paramour spotted an advert calling for vocalists for the 1975 Australian run of Jesus Christ Superstar, and thought he was a perfect fit.

“You can sing,” she insisted. “You should do this!”

“Well, everyone can sing, can’t they?” retorted a sullen Hitchcock, who was selling suitcases at the time.

“Not sing like you,” she countered.

The Andrew Lloyd Weber production introduced Hitchcock to aspiring songwriter (and fellow Beatle fanatic) Russell, who’d just emigrated from England with his family. The frizzy-haired Hitchcock and tall, blonde Russell bonded over their common love of books, music, and babes—and often sang together to entertain their friends or just pass the time backstage. Their close-knit harmonies (and romantic rapport with the ladies) made forming their own singing group after the play ended a no-brainer next move.

Air Supply had taken flight.

But it wasn’t until Clive Davis heard



breezy ballad “Lost in Love” (from the 1979 album Life Support) that Hitchcock and Russell gained international recognition. The former Columbia Records impresario brought the duo to the United States, signed them to his own Arista label (which boasted Barry Manilow, Dionne Warwick, and Eric Carmen), and helped remix “Lost in

Love” for international release.

With disco dead and progressive rock on the downslide (and Reagan’s America finally starting to shrug off the malaise of Vietnam and Watergate), audiences embraced Air Supply’s dreamy, feel-good sound. Here was a group unafraid to extol the joys of love, a band that could—in the midst of an energy crisis and prickly political problems (Iran hostage affair) around the globe—make even the worst heartache sound heavenly.

“All Out of Love” and “Every Woman in the World” became adult contemporary radio smashes too. Lost in Love (1980) was followed by The One That You Love (1981), Now and Forever (1982), and Greatest Hits (1983).

Air Supply blazed a trail for Whitney Houston and Kenny G at Arista, but Hitchcock and Russell weren’t edgy enough for then-fledgling MTV. By 1983, Michael Jackson, The Police, Duran Duran, and Def Leppard had given popular music the adrenalize shot (and cool visual component) it had so desperately needed.

The Billboard charts had precious little oxygen left for Air Supply by the 1990s. Still, the duo persevered, releasing The Earth Is... (1991), The Vanishing Race (1993), News from Nowhere (1995), and Book of Love (1997) in between triumphant tours around the globe. The work ethic continued into the 2000s, with Hitchcock and Russell hiring new Air Supply accompanists for new recordings and concerts as-needed. In 2012, Hitchcock cut a country album (Tennessee: The Nashville Session). Meanwhile, Russell branched out with L.A.-based singer Katie McGhie in their Out of Eden project.

And the old Air Supply stuff?

Well, those vintage verses still echo through the public consciousness today, courtesy their dramatic (and comedic / ironic) re-appearances on TV (Supernatural, South Park), and at the movies (Old Dogs, Deadpool, Van Wilder). And Hitchcock and Russell were only too happy to dip into that well again, greeting Akron ticketholders with an ethereal “Sweet Dreams,” optimistic “Even the Nights are Better,” and the dynamic “Just As I Am.” Supported by four younger male musicians on drums, bass, keys, and electric guitar, the 2020 incarnation of Air Supply was sublime.

Russell wore a colorful sport shirt beneath an overcoat (which he removed later) and sang into a headset mic in order to facilitate playing his acoustic and electric guitars. He’s a southpaw, but he plays a right-handed instrument...which means he plays in a manner most lefties would consider upside-down (bass strings on bottom, treble up top) and backwards.

But the technique works for Russell, who reported he still sets aside time to write new songs on a daily basis. And after resplendent runs through “Every Woman in the World,” “Here I Am (Just When I Thought I Was Over You,” “Chances,” and (2015 digi-single) “I Adore You,” the troubadour treated the crowd to a solo piece (“Son of the Father”) about a man he’d met during a plane trip, whose birthday fell on the day his enlisted dad was killed. Russell also recited a poem from his book Nearly Beloved in order to—he explained—emphasize the importance of words to humanity.

“They’re the other half of the music,” he said. “Where would we be without communication?”

Hitchcock rejoined Russell on a pair of barstools for a tender take on “Two Less Lonely People in the World,” but then both singers descended from the stage and walked the aisles while belting “The One That You Love.” Russell strummed as he strolled, pausing occasionally to take selfies with love-struck ladies. Hitchcock held his mic in one hand, but used the other to fist-bump and high-five anyone who was able to get closed enough.

Late-set highlights included “Lost in Love,” “Making Love Out of Nothing at All,” and a moving version of Harry Nilsson / Badfinger classic “Without You.”

Hitchcock and Russell bid adieu with the obligatory (but no less inspirational) “All Out of Love.”

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# V WATERFRONT FRONTLINE

By Paul Vincent

## Erie – A Great Lake?!

I grew up with water all around me, having been born in Erie, PA, and living for the first 12 years in Edinboro, PA, near the small but pretty Edinboro Lake. My Mom used to take my sisters and me swimming there, and in the summer we would live at my grandmother's house in Euclid, OH, right on the south shore of Lake Erie. In 1962, we moved in with my grandma full time. My dad spent his summers at Musicarnival and Kenley Players and we spent our time on the beach or in the polluted waters of Lake Erie. At that time as kids, in the late 1950's and early 1960's, what did we know in terms of water quality?

We were certainly aware of raw sewage in the water, but we used to laugh about what we saw, not even realizing at the time that this was the same water we were drinking, after it had been treated by the Cleveland water works. We just drank the water and swam in the lake, thinking that everything must be OK. We did notice things, like floating debris, used condoms, dead fish, and especially the remains of Lake Shore Boulevard which they simply dumped into the lake when they tore it up around 1960. It's hard to imagine adults dumping all that dangerous stuff (rocks, bricks, concrete, dirt and rebar) right into our common source of drinking water, and on our beaches and in the lake where they and their children sunbathed, played, and swam.

I remember my oldest sister badly cutting her foot on rebar, and me and my buddies smashing into rocks and bricks attempting to ride the large choppy waves when the winds would pick up. We look back on all this now, and wonder how in the world we survived. We also look back to the early 50's when we had a beautiful, 100 feet wide sandy beach, before the road debris was so carelessly tossed into the lake and erosion problems first surfaced.

All summer, we lived on and in that Lake, and we sure thought it was Great!

Everything in our neighborhood revolved around Lake Erie, even at the end of the day, when most people on East 194th Street took a walk down the street to "check out" the lake as part of their daily ritual. My sisters and I were lucky - Grandma Cotton's house was at the end of the street, right above the lake, but she only owned the first 12 feet in front of her house. The rest of the property, above and going down to the beach, was a park, owned by the Frissell

Road Improvement Association, our street association that started around 1920.

What a view from our windows - water stretching endlessly in front of us, and we could see and feel the weather patterns and storms move over the lake, mostly from the northwest, and sometimes in November from the northeast, with howling winds and bitter cold in the winter months. Almost every year the pipes would freeze in the upstairs bathroom, but how we relished the seasons and the changes we would first see on Lake Erie.

When summer arrived, our lives revolved around Lake Erie - swimming, water skiing, sailing, sunning, and eventually scuba diving. My group of buddies all got certified (by NAUI at the time) and become known as "The Scuba Bums." It was strange diving in the lake, as the way down was almost pitch black after about 15' and until you were about 5' from the bottom, when the sun would reflect off the sand. Not much to see other than rocks, and an occasional sunfish, blue-gill, or perch. We used to take a rowboat out in the lake and catch perch which my mom would filet and cook up for dinner. Sometimes we would swim out into the lake just to see how far we could go, before we got tired and turned back. I used to dream about swimming the fifty or so miles across to Canada, but that never became a reality, although I did swim distance in high school swim meets.

The Lake gets in your blood. In fact, if you grow up in or near the Great Lakes region and come to love this area, you don't want to leave, and if you do leave, you want to come back. I know that's true for me, having lived in Cincinnati and then New York City, but always drawn back to Lake Erie by some mystical pull that I could not and did not ignore. In fact, most of my vacations are on, in, or around the Great Lakes. I now live in Ashtabula, OH, which is exactly half way between where I was born and where I spent my formative years, always on Lake Erie.

When I finished high school, I wanted to become a marine biologist, and I had the good fortune of working that summer for the City of Euclid in pollution control at the waste water treatment plant. There were four of us (two summer interns and two full time workers), and our boss would send us out to check on water effluent issues in the city sewer system. We'd get a call about a fish kill in Euclid Creek and hop into the old orange Jeep, set up cones on

Euclid Avenue, and climb down into the main sewer pipes to trace the source of the industrial pollution and take samples back to the lab for chemical analysis. I'll always remember the day we were able to prove where the source of the pollutants was coming from, and my boss citing the plating company for violating the law. I was proud of our work for two reasons: I was sad to see the significant number of fish killed, and the source of our drinking water was in peril. On that day at least, we put a stop to it! I remember once again thinking: how could these people put dangerous and deadly chemicals into their own drinking water?

Around this same time, the Cuyahoga River famously caught a bridge on fire and became national news. Most people were not aware that the river burned on many days, but on this particular day the fire boats could not put the fire out. Of course, this was a wakeup call and helped lead to the early environmental movement and the creation of the EPA. Why is it that it takes catastrophic events to spur us into action? How could we allow industrial giants, run by human beings, who get their drinking water from the same place we all do, to pollute a river which runs into a Great Lake that provides recreation and sustains our very lives?

That quest for some level of environmental sanity led me to join, and later become President of, Students Organized Against Pollution (SOAP) at the University of Cincinnati during a time of environmental activism, and the Earth Day movement. We always thought that SOAP was a very fitting name for an environmental activist group from the city where Procter and Gamble was located. As kids we used to sing "It floats, it floats, what floats? - Ivory Soap" - in the tub at bath time. What did we know then about phosphates and their damaging properties? All those chemicals floating down the Ohio River into the Mississippi and out into the Gulf of Mexico, polluting everyone's drinking water on their way. What were we thinking, and what are we thinking today as we continue to send these same chemicals, and more, into our streams, rivers, lakes, and oceans? Maybe we allow this to happen because the negative effects of air and water pollution normally take a long time to surface, slowly growing inside us as cancers and other deadly deceases.

The Great Lakes basin provides one fifth of the world's fresh water, is home to almost 40 million people and the source of a nearly \$7 billion commercial and recreational fishery, that spans over 94,000 square miles across eight US states and two Canadian provinces, the largest fresh water system on earth, and a source of joy and life itself.

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*Continued on Page 20*

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Just a little bit of everything to be different

*Continued From Page 19*

fascinating information about this great water basin, read “The Death and Life of the Great Lakes” by Dan Egan. And, once you’ve finished that book, pick up a copy of Peter Annin’s “The Great Lakes Water Wars,” another engaging book about the battles and politics surrounding the protection of our area’s fresh water system. Both of these writers and other scientists are featured as part of the Science Friday podcasts, [www.sciencefriday.com/spotlights/book-club-death-life-great-lakes\\_](http://www.sciencefriday.com/spotlights/book-club-death-life-great-lakes_), and in fact, the title of this article comes from a Science Friday podcast of June, 2016: “Can the Great Lakes Stay Great?” As you can see, if you click on the link above, Dan Egan’s book was featured as part of the Science Friday spotlight book club series for January.

As I write this, looking out at the lake from my home in Ashtabula, I can see the choppy 2-3’ waves rolling in endlessly from the northwest. I’m amazed by the power of water, and by its life giving qualities. I’m also amazed by how much abuse Lake Erie seems to take, and most of the time, manage to bounce back. And, we all contribute to that abuse, some more than others, yet we all drink from the same source. A good example of how close we interconnect with Lake Erie comes from an article at the following link, [https://greatlakes.org/?s=Five+years+lat-](https://greatlakes.org/?s=Five+years+lat-er+lesson)

er+lesson: “Five years ago, toxins from an algal bloom got into the drinking water systems of Toledo, Ohio. On August 2nd, more than half a million Toledo residents were ordered not to drink or even touch their water. The order lasted for nearly three days. A few weeks later, residents of Pelee Island, Ontario faced a similar crisis lasting nearly two weeks. Every year, agricultural runoff pollution causes massive harmful algal blooms to cover parts of the western Lake Erie basin.”

“Every year, agricultural runoff pollution causes massive harmful algal blooms to cover parts of the western Lake Erie basin.”

Much of the source for this algal bloom comes from the Maumee River and runoff from chemicals used in agriculture throughout the northwestern Ohio and northeastern Indiana area that feeds into this watershed. The drinking water for over 500,000 people in the western basin of Lake Erie is threatened every year. Ultimately, the solution to this problem is not simply to keep adding more chemicals in hopes that the right formula will clear the water. We need long term solutions. Environmental activists and a majority of Toledo residents created and passed the Lake Erie Bill of Rights, but it is now mired in court challenges.

Closer to home, the Ashtabula River watershed has its own interesting story. The river of many fishes has seen time periods, just like Lake Erie, where the fish were dying or so poisoned with harmful chemicals that they could not be eaten. More information about our local watershed can be found at <http://coastal.ohiodnr.gov/ashtabulariver>. Most recently, a new nodular pig iron plant is in the planning stages, and scheduled for construction this coming March on the Kinder Morgan property at the mouth of the Ashtabula River, right next to Bridge Street, a thriving tourist area which recently won the title “Best Historic Main Street in America”. Will tourists still visit the area once the first nodular pig iron plant in the US begins operations with a 60’ high smokestack? Even the EPA air pollution permit indicates that this plant, operated by Petmin, a South African company, will be a significant source of air pollution in the area. Keep in mind that the EPA permit only requires self-monitoring and reporting. To my knowledge, the only air quality monitoring station in Ashtabula County is located in Conneaut and only measures two of the many pollutants that this plant will emit. How will we know whether this plant is or is not in violation of its EPA permit?

Of course, this article is focused on our Lake Erie watershed, so what about Petmin’s EPA water permit? Well, they won’t need one direct-

ly, because their water effluent will be handled by the Ashtabula City sewage treatment plant, which has its own EPA water permit. Will the City require any sort of permit for this industrial wastewater to enter and be treated by our sewer system? How much will they pay the city for this water treatment? How many gallons per day will the Petmin plant draw from Lake Erie? Early newspaper articles indicated 7 million gallons per day. Will it be a fully closed system, or will some water evaporate from the cooling process? What temperature will the waste water be at when it is returned to the lake? Will any additional toxic chemicals become part of the effluent from Petmin?

Readers from our wine and tourism industry should follow the environmental impacts of this project closely. The term many people use to describe our county is Ashtabeautiful. We live in the largest and poorest county in the State, with the highest unemployment rate, but we are also blessed with large amounts of excellent farm land, much of which, in the northern part of the county, is perfect for vineyards and wine making, thanks to the sandy soil conditions around our Great Lake, similar to the soil conditions in the Niagara region of Lake Ontario. We have been able to create a sustainable industry which relies on clean air and clean water. In the understandable quest to add more jobs for our region, we should be thinking about adding jobs in an environmentally friendly and sustainable way. To my knowledge, no one has publicly talked about the life expectancy of the proposed Petmin plant, and what will happen to this large facility when that life is over. How much of our tax dollars are the City, County, and State spending to attract Petmin here, and are the temporary construction jobs and permanent operating jobs required to be filled by residents of the City, County and State?

Finally, why should we care or be concerned? Well, we are all connected with Lake Erie. We live by it, play in it, and we all drink from it. I think we would agree that the lake is Great, but will Lake Erie stay that way? The answer is up to all of us, and requires that we embrace this beautiful lake, get to know it, its history, and preserve this life-giving resource for our generation and generations to come. After all, this Great Lake is not just ours, it belongs to everyone in the Great Lakes basin and to our only ecosystem for survival, the Earth.

Paul Vincent

Ashtabula County Water Watch

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# MOVIE REVIEWS

By Westside Steve Simmons



## The Gentlemen

Miramax|R|112 min

If you think this stuff sounds familiar it's because it is. Don't know what you call it but there's a genre of movie that includes rough East End British accents quirky rapid-fire dialog and a lot of violent nonsense. Think of LOCK STOCK AND TWO SMOKING BARRELS and ROCKN-ROLLA. You know the bloke; Guy Ritchie.

You will probably spend the first third of this film trying to figure out just exactly WTF is going on at which point you begin to realize that the answer is - not much. Oh, there's a bunch of people fighting over a bunch of things but at no point do they seem much more than random events and less often provide either the protagonists or antagonists with charisma. It's also a little bit tricky trying to tell them apart since so many are wearing plaid, or vintage clothing, eyeglasses and facial hair. Luckily Matthew McConaughey is the one cast member with a Southern drawl so he's easier to spot.

Charlie Hunnam on the other hand, you remember Jax from SONS OF ANARCHY actually is English but apparently has been using the American accent so long he slips back into it on occasion. One of the story lines involves various gangsters trying to take over other gangsters' territory and their nefarious deeds get caught in the photographic lens of a private investigator, Hugh Grant, in a rare role apart from romantic English comedy. Trust me he's a lot creepier here. He has been hired by a minor English nobleman to find his heroin-addicted daughter, who has taken up with some young snotty ne'er do wells, and bring her home. One of them is connected with the gang wars and ends up on the investigators film roll along with some other things. Remember David Hemmings in BLOW UP? The Chinese mob wants to take over McCaughey's territory and the young Chinese mobster wants to unseat the old Chinese mobster. About two-thirds of the way through it neither becomes more

interesting or less boring depending on your point of view. The conflicts begin to come into focus, though I didn't really care who won. On the other hand, I didn't really hate anybody badly enough to want to see them get killed. (Well maybe the young Chinese mobster 'Dry Eye'.)

Still once it finally got rolling THE GENTLEMEN was just weird enough to keep your attention can I guess that's better than nothing. It started out pretty slow but it ended up with a...

C+

(There is certainly a group of Guy Ritchie aficionados out there that love this kind of film so they'll probably like it more than I did)

WSS



## Ford v Ferrari

20th Century Fox|PG-13|152 min  
\*\*spoiler alert\*\*

It's Oscar season so in this issue I plan to complete the best picture nominations. Some of which I have waited until the nominations came out frankly because I wasn't all that interested before. I realize that this one has been in theaters for a while and will no doubt still be there by the time we go to press and beyond. Actually, FORD V FERRARI isn't exactly what I expected which would have been a combination of ROCKY and FAST AND FURIOUS and even though there are elements of both here neither would be an accurate description. Closest I could get it's a buddy picture with elements of redemption flick. The cast is led by two heavy hitters Matt Damon and Christian Bale as legendary race car executive Carroll Shelby and loose cannon driver / mechanic Ken Miles.

One might guess that the conflict here is between Enzo Ferrari and Henry Ford II as the arrogant European powerhouse goes head-to-head with good old American gritty individualism but that's not really the case. The actual conflict here is from a pompous

Ford executive Leo Beebe who prefers corporate yes men to the eminently more talented, albeit abrasive, Miles. The two sides will vie for the blessing of Mr. Ford as the film goes along and that support will change hands more than once. The story is also in line with rumors we have heard that Ford II was somewhat of an asshole.

What I liked was the attention to the relationships of everyone involved even though I am fully aware that inspired by actual events doesn't mean a whole lot. Still it's a movie designed to entertain people who buy tickets. Also, I thought the acting was above-average across the board with the minor exception of Damon whose accent was noticeably inconsistent. I'm surprised nobody picked up on that. At any rate it's an appealing film if not great and yet another entry into the best picture category that leaves me with a shrug of the shoulders.

B  
WSS



## Little Women

Sony|PG|135 min  
Little Women by Louisa May Alcott is doubtless one of America's most endearing pieces of literature. I'd also be surprised if any male member of our audience has ever read it without being required to an English class. I would also wager that only a tiny fraction of movie goers in attendance of this film are members of the masculine gender. At the showing I attended beside myself there was only one non female and he was apparently escorting his grandmother. God bless him. Frankly I don't think I'd have gone to see it had it not been for the Oscar nomination and that would have been a mistake.

Having never read the book I'm going to surmise that this film is both a telling of the story on the pages and some background information on the trials and tribulations Ms. Alcott experienced on her way to creating her most famous work.

I'm guessing that the part which is based on the book is the series of stories of interactions among four young daughters and their mother dealing with everyday life while father is away at War. And make no

*Continued on Page 20*

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*Continued From Page 19*

mistake the 19th century was certainly not a place where women were expected to thrive regardless of their talents. Each of the sisters had her own gifts but the tale is told, autobiographically, through the eyes of the budding writer Jo. Still none of the tales seem particularly maudlin, nor any of the male characters mean or indecent. On the contrary most of the older men especially the wealthy neighbor is kind and benevolent. The younger men who slip in and out the affections of the sisters are all sensitive and mostly resembled the Jonas Brothers. The sets and scenery are something one might expect from a Currier and Ives painting or a Hallmark Christmas special. But like I said it is the epitome of a chick flick and for at least the first third I found overly cloying and dull. But eventually the film did grow on me especially as the ending brought insight as to why the book ended the way it did, assuming that wasn't made up for the film.

At any rate I'm not sure it's worthy of a best picture nomination but there have certainly been worse in recent years. And if you're looking for somewhere to take Grandma this would be a good choice.

B  
WSS



## Marriage Story

Netflix|R|136 min

Not that I think this one is going to win best picture, not even that I think it's 100% best picture worthy, but there's no doubt in my mind that if anybody thought streaming services were going to be a short-lived fad in the movie industry they have the proverbial "nother think coming.

There are a few factors that can sway the academy toward or against voting for pictures when the time comes to pass out the gold statues. Politics and diversity are all too often the culprits when it comes to choosing ideology over quality but this one is a bit different. In my admittedly unsubstantiated opinion, members of the academy like this one because they, more than others, can empathize with the subject matter. There has always been tension in the theater community between New York and Los Angeles. Also, I'd imagine that divorce is a fairly common occurrence among theater people and that it is just as painful for the elite as it is for folks in much less glamorous professions.

It's also refreshing to find a film that relies more on performance and script that it does with camera tricks and CGI.

Adam Driver and Scarlett Johansson Star as Charlie and Nicole, a director and actress whose career paths are about to take different directions. As he is establishing secure footing in New York's theater circles she has been offered a part in a pilot that turns into a series on the West Coast. That makes the marriage as well as taking care of the child difficult and eventually impossible without a complete restructuring of the relationship.

Anyone who has been divorced with the help of opposing attorneys can probably relate to the fact that they can turn a time of sadness and doubt into one of bitterness and retaliation in order to bleed the litigants of as much money as possible.

The dialogue centric plot would lend itself well to the stage and here is bolstered by fine performances from everyone involved including Laura Dern, Alan Alda and Ray Liotta. These members, the under-the-radar thespian family, probably helped the film on its way to its nomination.

If writer-director Noah Baumbach is intentionally channeling Woody Allen's brilliant Annie Hall or Manhattan I don't know, but there are similarities if not exactly the world-class insight that Mr. Allen is capable of.

If you are looking for a break from action thrillers, superheroes or raunchy comedy this is a good place to look on a cold winter evening.

B+  
WSS



## 1917

Universal|R|119 min

Okay, as of this writing 1917 is the odds-on favorite to win best picture. English war movies have been popular with the academy for quite a while and this one has gained the momentum that might push it over the top. I'll be honest, the first thing I heard about this film wasn't about a wonderful story or great acting it was about the idea that cinematographer Roger Deakins shot the whole thing in one take. I have no problem with assigning a little bit of weight to studio tricks when adding up the positives

of any film but it's just sprinkles on the ice cream cone. Sure, when someone combines a great motion picture with groundbreaking cinematography it can be something special. As for me? That didn't happen here. As a matter of fact, the idea that it was done in one take became a bit annoying as I found myself looking for the splice. Of course that didn't distract me enough to miss the story which crawled along at a snail's pace, and is laid out early in the film. Close friends Lance corporals Blake and Schofield (Dean-Charles Chapman and George MacKay) are pulled aside by the brass and given an extremely dangerous assignment. They must deliver a message to the commander at the front ordering him to call off at attack that the Germans are aware of and are planning a deadly ambush. Not only must they make this arduous journey on foot but they also have to avoid enemy gunfire, bombing raids,

and other treachery along the way.

Oh, it's a noble task the boys have undertaken it's just not especially exciting, and I guess in a way that makes the movie a bit more endearing. This isn't RAMBO or THE DIRTY DOZEN but probably a lot closer to the misery that real war brings. I'm not quite sure why the Golden Globes and the academy are so thrilled with this flick. Maybe they were afraid to decide between the two much more outstanding films ONCE UPON A TIME IN HOLLYWOOD and THE IRISHMAN and decided to throw their lot in with the bland British war-film. I know I'm going against the grain of the critical consensus and probably with the film-going public but I found 1917 as slow going as the trek across enemy lines.

C+  
WSS

## Oscar Predictions 2020

So, just to hedge my bets, the Oscars are going to be presented February 9th but our deadline here is a little more than a week before so my predictions and analysis will be heir to the slings and arrows of the last-minute whims of the academy. The tides have the tendency to shift in the last few days before presentation. We shall see about that but as of today:

In my opinion this year's batch is a little bit lackluster though without anything particularly offensive as has been the case in recent years.

You can email me at [bear222@aol.com](mailto:bear222@aol.com) for updates.

### Westside Steve's predictions:

#### Best Supporting Actress:

I have no doubt Laura Dern takes this one mostly because she and her father Bruce have been minor Hollywood royalty for a long time. And the academy wants to give something to MARRIAGE STORY.

#### Best Supporting Actor:

I don't think there is a great performance in the bunch. I actually like everybody's performance in the category except for Al Pacino who, though I love the guy, was completely miscast as Jimmy Hoffa. Odds are that Brad Pitt takes the gold but I don't think it was a very demanding performance.

#### Best Actress:

It will be a miscarriage of Justice if Renee Zellweger does not win for her stunning portrayal of Judy Garland. One of the best performances in this category I've seen.

#### Best Actor:

In the last week or so there has been a lot of backlash against JOKER which I think is completely undeserved. I think there's a little anti superhero snobbery going on here. (Especially after the unwarranted praise of the POS BLACK PANTHER) while I don't think it will take Best Picture, Joaquin Phoenix did an extraordinary job in the title role. He was so over-the-top he made Jack Nicholson and Heath Ledger seemed like they were playing it straight.

#### Best Director:

Right now, it looks like Sam Mendes along with his film 1917 are the hot topic. 1917 was released late in the year so it's still fresh in the minds of the academy. Both he and the film are up for top honors and I'd be surprised if the academy spends them both on one flick. Therefore there's always a chance that the Director award goes to that stupid South Korean movie.

#### Best Picture:

The only one of the group I did not and will not see is PARASITE. There's already a category for foreign language film and that's where this belongs.

My favorites are ONCE UPON A TIME IN HOLLYWOOD and THE IRISHMAN. If it were up to me ONCE would be the winner because of the slight flaws in THE IRISHMAN. Both of those have lost a little bit of momentum in the last couple weeks and maybe because of the New York vs Hollywood thing the vote will be split and the nod goes to the British with 1917.

Start your engines.  
WSS

# CUTTING THE CORD

By Amanda Nelson

## Netflix – The Original Streaming Platform

Netflix is often regarded as the original streaming platform and the company that infamously “killed” Blockbuster Video. The company has spearheaded the industry and any new streaming service should look to Netflix’s history to learn what works when trying to compete. However, for the cord-cutting consumer it lacks real time content that makes it unrealistic to be the only subscription to depend on for your television viewing experience. If you want to become a cord cutter but are not ready to cancel cable, this app is perfect for you to “relearn” how to watch TV before you cut the cord for good.

Yes, you have to relearn how to watch TV if you want to truly cut the cord. It takes effort to entertain yourself streaming since it’s not as easy as just flipping through the channels. Netflix has a huge library of current and concluded television series, movies, documentaries, and original content but it does not offer news, live sports, traditional talk shows, or special events. Most releases for tv shows are the whole season at once. In recent years they have added weekly talk show formats like Patriot Act with Hasan Minhaj formally from Comedy Central’s The Daily Show and Chelsea Handler’s short lived Chelsea after her departure from E!.

The jokes are rampant on the Netflix search quandary. How is there so much choice but the top complaint is not knowing what to watch? When you compare it to television you begin to realize there is low quality content constantly airing to waste time with. Are you even watching that reality show rerun for the third time or is it just background noise for you while you wash dishes? The term “Netflix and Chill” mocks this scenario by implying putting on something entertaining enough while you cuddle up with your significant other but not a big deal if you stop paying attention to move on to other activities together.

One of Netflix’s positives over traditional TV viewing is there are no commercials. This is usually the main reason why someone would choose to stream to avoid the brainwashing tactics you’re constantly

subjected to every seven minutes. Shows are only 19-21 minutes of runtime when streamed which means up to one third of the air time on TV are commercials trying to get you to buy cheaply manufactured items. The worst you get from Netflix is the occasional trailer that starts if you hover over a movie icon for too long because it wants to lure your attention.

The next best thing about watching shows on Netflix is there is no need to wait week to week to see how the cliffhanger ends! The downside is if it is not a Netflix original, the season they upload is actually the previous season and they time it when the new season is set to air on its network counterpart. So when NBC’s The Good Place series finale is aired at the end of last month, Netflix offers seasons 1-3 that can be binged by anyone who didn’t watch it real time. It’s just that they’ll have to wait a year to get the concluding season. That can certainly be considered a negative to those who want to be “in the know” with current TV.

Another concern for many is the health effects of binge watching. The next episode automatically queues up before the show credits have even finished rolling and it becomes easy to forgo bathroom or food and water breaks. You can effortlessly binge a ten-hour season in a weekend and no one agrees that is a healthy habit. As consumer’s behavior has adapted to the streaming world, Netflix has tried to change with it. Enter the “Are You Still Watching?” feature. After a certain amount of uninterrupted viewing the system will pause and asks you to confirm you’d like to continue watching. This is helpful for those who like to fall asleep to the TV so it’s easier to find where you left off.

To optimize your Netflix subscription there are a few things that can be done. First there are up to 5 profiles that can be personalized per subscription. That is great for families who can give each kid their own and still have enough for a family group account. Each account will apply the algorithm of the viewer’s choices to personalize suggestions to them. There is even a maturity level feature that can

adjust to show content appropriate for children in various age ranges. Upon set up for each profile, you go through a preference test where you pick your top choices from a list so it can get to know your tastes. So even a person who only needs one profile can set up multiple profiles to feed you different suggestions.

You need to determine what types of viewing you’ll require like a few sitcoms and movies to watch in evenings or if you want something on while you’re making dinner or getting the kids off to school. When you’re looking for more of a background viewing it’s best to choose nostalgic tv shows that you’ve seen before, reality competitions that you don’t mind missing parts of the journey but enjoy following the contestants to the end, or “Sunday afternoon movies” that you’ve seen or are only half interested in seeing. This can be a hard concept to grasp because it sounds odd to choose something you don’t want to watch or have already seen but it’s not different from watching reruns on cable. In the end, Netflix has one of the highest quality and largest libraries of content and the most critically acclaimed original shows. If you can get comfortable with this app, then you’re one step closer to your goal of cutting the cord!

## Better Call Saul – AMC, Season 5 Starts Feb. 23rd ; Seasons 1-4 on Netflix

Better Call Saul has worked hard to define itself as its own story and proved it’s not just a spin-off lacking the full gravitas of its predecessor series. In fact, it is so satisfying of a prequel that many argue it surpasses the original.

As there are only two seasons left until the events meet at the beginning of Breaking Bad and fill out the connections between this New Mexico underground crime syndicate. With many supporting character’s reprising their roles and often praised for their acting the Albuquerque universe that is Better Call Saul is brilliantly executed and wholly gratifying to fans of Breaking Bad. Regardless this show stands on its own and can be enjoyed by anyone especially with its story format and cinematography.



## Good Girls – NBC, Season 3 Starts Feb. 12th ; Season 1-2 on Netflix

Three mothers devise a robbery after concluding their respective family hardships required so to survive. Immediately the consequences pile quick and severely. The characters have relatability and admirable strength which grounds this outrageous chain of events that play out similar to high drama shows like Weeds but with a modern and funnier tone. Although it has drama and genuine scenes it’s still an easy watch to be overall entertained with. Or maybe it’s just that I enjoy seeing Matthew Lillard of *Scream*, *SLC Punk!* and *Scooby-Doo* fame continue to look good and turn out quality performances in a supporting role for this madcap story!



## Bojack Horseman – Netflix Original Season 6, Series Finale Jan. 31

One of the most contemporary and unique shows of the last decade, Bojack Horseman, is coming to an end. Often overlooked as another example of the immature adult cartoon craze by those who have not

watched, this show provokes questions on depression, behavior change, life choices and the consequences that come of our interactions. Set in an anthropomorphic version of a satirized celebrity lifestyle, it can do things with the storylines that are true train wrecks not easily captured in traditional film while retaining the irony of the human condition. Anyone that has ever felt trapped in a cycle can relate to the stark reality that we still may not make the right choices even we acknowledge the negativity that will come from the continued path. For some, these walking and talking animals alongside human characters can feel like the most real interpretation of our shared experience.



# KICKIN' IT

## Nora Jane Struthers Comes to Beachland Ballroom Saturday, March 14

CO-BILL with Cleveland singer songwriter Austin Stambaugh  
8:30 pm Tickets \$10-14 [www.beachlandballroom.com](http://www.beachlandballroom.com)  
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Nora Jane Struthers has long been a voice for “speaking women’s truths rarely addressed in song” (NPR), most recently on her 2017 album *Champion* - which candidly discusses her first year of marriage to bandmate Joe Overton, the couple’s challenges with starting a family, and ultimately finding strength through that adversity. Now finally on the other end of that journey, Struthers returns with *Bright Lights, Long Drives, First Words* (out February 2020), a new collection of eleven songs written by Struthers and recorded while she was eight months pregnant with her daughter Annabell. After realizing her dream of becoming a mother, Struthers’ new work begins to consider what it all means for her future as an artist and tour-

ing musician. Coupled with changes to her longtime band The Party Line, the core of *Bright Lights, Long Drives, First Words* finds Struthers pondering the possibility of living both of her dreams at once.

On *Bright Lights, Long Drives, First Words*, songs like “I Feel Like My Old Self” and “We Made It” are clear markers of a new chapter for Struthers – celebratory anthems that signify a move past the difficulties chronicled on *Champion*. When these songs were written in the first months of 2019, Struthers and Overton were starting on longtime plans to build an intricate garden in their backyard, and also preparing to become pregnant via embryo transfer. As Struthers puts it, “all

of a sudden I felt like all of my dreams, which I’d been fighting hard for and watching crumble in the year before, could in fact be realized.”

Meanwhile on songs like “I Want It All” and “Nice To Be Back Home,” it’s clear that this new chapter for Struthers also brings new challenges. The Nashville-via-New Jersey songwriter explores the concepts of home, life on the road and keeping her musical dreams alive in the wake of new motherhood. On perfect display throughout is Struthers’ signature “ability to take stock of deep-seated contentment while insisting on interrogating the dark doubts that so often follow” (Rolling Stone). As NPR’s *Fresh Air* has described her songwriting, *Bright Lights, Long Drives, First Words* is ultimately, perfectly “hard-headed about being open-hearted.”

Nora Jane Struthers will tour extensively in support of *Bright Lights, Long Drives, First Words*. If you haven’t heard Nora Jane visit her website for a sample [www.norajanestruthers.com](http://www.norajanestruthers.com)

## Lauderdale Releases Bluegrass Video Ahead of New Album

Jim Lauderdale, released a video his new song “Cackalacky” from his upcoming bluegrass album, “When Carolina Comes Homes Again,” out March 27 on Yep Roc Records.

Written with North Carolina songwriter/activist Si Kahn that declares North Carolina “always means home sweet home,” “Cackalacky,” is the latest track unveiled from Lauderdale’s 33rd album.

“Si Kahn is a national treasure,” said Lauderdale. “I’ve wanted to write with him for a long time, especially after talking about it for years at MerleFest and IBMA. I’m so proud and happy to have written this song of Carolina with him, and I hope this will be the first of many songs



with Si.”

“North Carolina has such a long and important heritage in bluegrass music,” Lauderdale said. “Since it’s where I’m originally from and where I started playing bluegrass, it seemed right to go back to my roots in bluegrass there and collaborate with musicians in that area. There’s just something in the atmosphere there. Hearing bluegrass in different areas and settings in North Carolina, the music is just there in the air. The first bluegrass festival I ever went to was Union Grove when I was 14, and it blew my mind. The music got into my bones, and I just had to get a banjo.”

The album follows 2019’s “From Another World.” Recorded at Echo Mountain Recording in Asheville, N.C., the 13-track album features instrumental accompaniment from various members of North Carolina-based acts, including Balsam Range, Cane Mill Road, Hank Pattie and the Current, John Stickley, Songs From The Road Band, Steep Canyon Rangers, and Town Mountain; as well as Matt Pruett (banjo); Pattie Hopkins Kinlaw (fiddle); Aaron Ramsey (mandolin); Nick Dauphinais and Presley Barker on guitars.

The album includes co-writes including John Oates on the title track, the late Grateful Dead lyricist Robert Hunter on, “As A Sign,” Songs From The Road Band bassist Charles R. Humphrey III (“Misery’s Embrace,” “The Last To Know,” “You’ll Have To Earn It”), Steep Canyon Rangers banjo player Graham Sharp (“It Takes One To Wonder”), Logan Ledger (“Better Than You Found It”) and Sara Douga (“I’m Here To Remind You”)

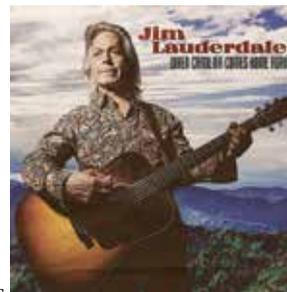
## Cyrus drops EP

Fresh off winning two Grammys on Sunday, Billy Ray Cyrus released his new three-song EP, “The Singin’ Hills Sessions Vol. 1 Sunset,” via BMG/BBR Music Group, today.

The disc includes “I am...I Said,” a Neil Diamond-penned and recorded classic. “Thank you Neil Diamond for penning this reflective and powerful song, 40 years ago, I attended your concert in Charleston, West Va. and was inspired to buy a left-handed guitar the next day. Now here we are in this moment,” Cyrus said.

The EP also includes “Killing The Blues,” a Shooter Jennings collaboration, and “She Always Goes.”

Cyrus won GRAMMYs for Best Pop Duo/Group Performance and Best Music Video with Lil Nas X. Cyrus also stars with actor Sam Elliott, in a Doritos’ Super Bowl commercial in support of Doritos Cool Ranch.



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# STAY IN TUNE

By Luthier Patrick Podpadec

For most of this winter the weather has not been so “frightful” as the Christmas carols said that it could be, but as I sit at my computer this morning writing this article there is a very gray and gloomy look out there. It’s the kind of look that would make one want to climb back under the covers and have another dream.

As this new year is progressing, I have to count my blessings and say that many of the things that I have prayed for in the last year are seemingly taking hold such as; finally getting a few interested people wanting to try to learn some things about Lutherie. Two different guys that have been coming into the shop on a pretty regular basis and I’ve been teaching them the proper way to fix and setup guitars. The one thing that is important to understand is that this knowledge cannot be taught overnight and it takes a lot of practice (and mistakes) to finally figure out the all of the different repairs that need to be made. If all I had to do to be called a luthier is to setup guitars to play well it would be easy. The trouble is, or I should say the challenges are, when an instrument comes to my shop with a broken neck, or the nut has broken off, or the saddle is cracked, or the frets are buzzing, there could be a crack in the guitar top, or sides, or anywhere for that matter. This the time that a little guidance in the proper procedures of gluing and a thousand clamps comes in handy. I always enjoy looking at a broken guitar (I know that doesn’t sound right), but let me explain. I get the opportunity to get my creative juices glowing on what method I would use to repair the problem. Often times a certain jig will have to be employed to assist in my repairs. I also have found that over the years my “jigs” have become much simpler in design, but they still do what needs to be done.



In the beginning, I would “over think” many things (I still do that but not with instruments). I would build a jig that took longer than it would to build a new guitar. I would add springs, and levers, and pads, and adjustment screws, etc. They were very “Frankensteinish”. I have found new ways to make simple throw away jigs and now my life is not so complicated. I must tell you that one of the most important things that I have in my shop is a lot of clamps of many different kinds and styles. A good repair shop can never have too many clamps.

This last month has been real busy for me. I’m happy to say that I’ve done a number of refrets, some binding work, I’ve made a few pickguards, done some wiring on a few guitars, repaired a few dings with finish work and buffed out a couple too. My shop is about at its maximum occupancy level as far as instruments go but I’m glad to say that about 7 of them will be leaving this week. My new work schedule I’m trying to stick to is only working on 3 guitars at a time. I used to work on more and that would lead to getting some of them half repaired and left behind to finish later. With this new method instruments seem to be leaving my shop much faster than before

Since I’ve had a few new guys in my shop I went out and found a few more tools for

them so they wouldn’t always be using my sander or other tools that I might want to be using at the same time. I was looking at one of my favorite luthier tool catalogs the other day (Stewart MacDonald from Athens, Ohio) and saw that they had a full line of luthier tools for the Master Luthier. The set was \$3,668.00. This included quite a few of the specialty tools that are needed in a full repair shop. This did not include all of the spray booth equipment needed or the band saw, the thickness sander, or the drill press, or the belt sander, or the vacuum system, or the lighting, or benches, jigs, parts compartments, screws, strings and all of the other thousand things you need on hand to run an everyday instrument repair shop.

I had to laugh when I thought about it for a while. Keep in mind that I have accumulated all of these tools and jigs and knowledge over the span of time since 1982 (38 years). I have much more invested into my small repair shop than my son will have after he has graduated from Cleveland State with Chemical Engineering Degree. I think he’s the smart one in the family. I can only hope that he will be able to meet as many interesting, talented people in his career as I have in mine, and have as much fun doing it on his journey in his chosen career.

I also recognize the fact that anytime in his life, or mine, or yours for that matter, life can change in a heartbeat for any number of reasons and it’s not necessarily what we do or how much money we make at doing it as it is how we react to the curve balls that are thrown at us. What’s most important is how we treat our fellow man (and woman), what we learn from our experiences, and how to use those experiences to help one another become better humans. This is my new goal for the future and it feels good. It only took me about 60 years to figure it out. I’ve always been a slow learner, but once I get it I will keep it forever!

So, Once again I would love to Thank !! all of the readers of the Voice Magazine and My Dear Editor Sage, for her patience and giving me the opportunity to write for the Voice for all of these years ,

God Bless and make sure you all Stay in Tune!!

Keep Smiling!

Patrick from Liam Guitars/ Smoking Hot Guitars

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## Jams and Events

Irish, Folk, & Old Time Music

By Laura Fidel

Ah, February... the month of hearts, flowers, candy and MUSIC! Come out and share the love at special events this month, including Janie's Jumpstart Music Camp and the Lake Erie Folk Festival. Note a couple of changes in the regular jam schedule due to the Lake Erie Folk Fest date.

**Regularly Scheduled:**

- Ukelele Club: Monday evenings at Perry Public Library from 7-8:45 PM. The library is located at 3753 Main St., Perry, (440) 259-3300. Contact Gary at penswift@yahoo.com for more info. Beginners are welcome and instruments may be purchased from most music stores. Note: this event may be cancelled if the library is closed for a Monday holiday.
- Irish Jam, 1st Saturday of the month at Briquettes Smokehouse in the historic Ashtabula Harbor, 2-4 PM. Briquettes is located behind Harbor Perk at 405 Morton Dr. If you can't climb stairs there is parking up the hill on Hulbert Ave. (the road before Morton Dr.) For additional info call (440) 964-2273.
- All Things Coffee House Old Time Jam, 2nd Saturday, 11 AM-2 PM. The venue is located just off Rte. 193 in Kingsville, north of I-90. Intermediate skill level and no bones or spoons, please. Call (440) 224-3069.
- Cancelled this month, due to Lake Erie Folk Fest. Scribblers Coffee House Monthly Open Jam, 4th Saturday, 2-4 PM,

388 S. Broadway, Geneva, 440-466-2233

- Magic Tree Irish Jam, 3rd Sunday at Magic Tree Pub, 7463 South Ave., Boardman, OH (1/4 mile south of Rt. 224), 6-8 PM. Contact Frank Krygowski at frkrygow@yahoo.com for more information. Call (330) 629-2667.
- Erie Irish Jam, 2nd Sunday of the month, 2-4 PM at the Tap House Bar, 333 State St., Erie, PA. Traditional Irish tunes, instruments and percussion, please! Call (814) 520-5419.
- Old-Time Jam, MT Glass, Cleveland Hts., 13443 Cedar Rd. (just west of Melt), Cleveland Heights, 2nd and 4th Tuesdays at 7 PM Call (216) 932-0603.
- Rescheduled to Saturday, 2/29, due to LEFF. Willoughby Fine Arts Irish Session, 4th Saturday, 2:30-4:30 PM. Willoughby Fine Arts Association Gallery, 38660 Mentor Ave., Willoughby, OH 44094. Call (440) 951-7500.
- Tune Traders open session ...fourth Thursday of the month at 7 PM at West Woods/Geauga Park in Geauga County... off Rt. 87. Call (440) 286-9516.
- Drum Circle second Friday at Relaxation for Health & Center for Growth, 6:30-8:30 PM, 2049 W. Prospect, Ashtabula, OH., 44004. See NEO United Facebook page for more information. Call (440) 228-3977

**Special Events:**

- Janie's Jumpstart Music Camp: Cleveland, Feb. 7-9th. Classes in Old Time fiddle and clawhammer banjo. For information, visit [www.janiesjumpstart.com](http://www.janiesjumpstart.com)
- Lake Erie Folk Festival: Saturday, February 22, Shore Cultural Center, Euclid, OH. Workshops, Jams, Concerts! Featured performances by Carolina Blue, an award-winning Bluegrass band from North Carolina presenting traditional and original music, Distinguished Gentlemen of Spoken Word - Performance Poetry, Harmonia - Music of Eastern Europe, and Luca Mundaca - Brazilian Singer Songwriter. For information see story on pg. 3 or visit [www.lakeeriefolkfest.com](http://www.lakeeriefolkfest.com)

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# V

## Getting Dirty with Nikki Garden Time!



By Nikki Vinyl

### Winter Sowing in Milk Jugs

Love gardening but hate using electricity to start seeds indoors? Hey, I hear you. This is why I set out last winter to experiment with winter sowing in milk jugs. This is a widely discussed topic on the web, but is hardly mentioned in gardening books. After watching a few instructional videos on the internet, I felt like I was expert level. I gathered up any milk jug or see-through to-go container I could find and started planting at the end of January.



Between January and March I planted about two dozen different flowers, herbs, and veggies. I certainly could have started later, there is no forcing nature. Ultimately the deep freeze, and the resulting thaw, is what gives the seeds a natural germination.

Cold hardy flowers, vegetables, and herbs are what will offer the best results growing in this manner. However there are many seeds that will prosper in these growing conditions. Heat loving plants like tomatoes and peppers do not yield the best results, but will grow.

To prep a milk jug for winter sowing you will need:

- \*Milk Jug
- \*Utility Knife/Sharp Knife
- \*Duct Tape/Packing Tape
- \*Paint Pen/Permanent Marker
- \*Seeds and Soil
- \*Sharp Pointed Tool (I use a corncob holder)

Start by cleaning milk jug well. Take your pointed tool and poke holes all over the bottom and 1/4 inch up all four sides. Be sure to make plenty of holes, good drainage is important. Make a horizontal cut about six inches up from the bottom, do not cut the top completely off. Leave yourself a little hinge that allows the top to be opened or closed easily.

Fold the top half back and fill the bottom half with soil, enough for some roots to grow. No need to use excessive amounts of soil, or expensive seed starting blends.

A potting mix of any variety should be sufficient.

Presoak the soil in a bucket or container to prevent the seeds from floating away upon watering. In the soil make ¼ inch deep holes with the bottom of a marker or pencil. For larger seeds you will make deeper holes. Space your seeds at least an inch apart in either direction. Plant two seeds per hole, you can always thin them later in the season. Be sure and cover the holes with dirt before taping.

Duct tape the milk jug together completely back together, eliminating any areas for wind to get in besides the top. Be sure to label with the seed you planted and the date. Keeping a planting journal is also a very helpful tool for the gardener, and for crop rotation. The lid must always be off, if using a clear plastic top make multiple holes for water to get in. Place your milk jug in an area that has exposure to the elements and adequate sunlight.

You shouldn't have to water the container because of the notoriously wet winters in Northeast Ohio. So yes, I am telling you to fill a milk jug with dirt and seeds, place it in your yard this winter and hope for the best. I know it seems unlikely that anything would grow with such little care. That's what makes this an attractive hobby, also a great excuse to get a jumpstart on gardening.

As spring approaches you will begin to notice little green seedlings poking up

from the soil, and your efforts will have been rewarded. Just remember your mini greenhouse is meant to retain heat. Sunny days can fry your plants, even on a cool day, so care is needed to avoid this.

Eventually the tops will remain open all the time, but a sun adjustment period may be required when first exposing. This is similar to the hardening off of plants, but the seedlings will already be adjusted to cold temperatures. As long as the temperature doesn't dip below freezing it is safe to leave containers open all night. Once you feel your seedlings are strong enough to survive you can put them in their final resting place. You will be able to transplant earlier, being raised in the winter makes the seedling very resilient.

Watch a video or two on winter sowing in milk jugs before you get started. It is easy to pick up and hard to put down. It's less complicated than starting seeds indoors, and less expensive. Nothing beats the feeling of peeling back the lid and seeing little green seedlings. Try winter gardening this year and I promise you will be hooked for life. Or at least until plastic is banned. Happy Gardening!

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*Continued From Page 13*

We Begin, showcases an emotional depth and subtle confidence that is rare in most young musicians. His EP Here at Home highlights his growth, both musically and personally. At the core of Sam's music are his lyrics – honest commentaries that seem easily relatable and delicately personal to the human experience. But it was Sam's live performances that captivated audiences in clubs, coffeehouses, and colleges around the country with his melodic combination of vocal and guitar looping techniques. His musical return to Cleveland is a performance not to be missed.

Tickets for this one-night-only concert are \$15/general seating and \$25/preferred seating and post-concert "Coffee and Chocolates" reception with the artist. The \$25 tickets are limited. Tickets can be purchased by calling (440) 338-3171 or online at [fairmountcenter.org](http://fairmountcenter.org). A limited

number of tickets may be available at the door. All proceeds benefit Fairmount Center for the Arts. Sam Brenner's music can be found on iTunes, Spotify and YouTube.

Mayfield Village Civic Center is located at 6622 Wilson Mills Road, Cleveland, OH 44143.

For nearly 50 years, Fairmount Center for the Arts has provided a space for individual expression and the opportunity for all to explore the arts through classes, workshops, community performances and cultural programs. Fairmount is proud to be recognized by Cleveland Magazine as "Best of the East for Dance/Theatre Instruction." For more information or to register for classes and programs, visit [www.fairmountcenter.org](http://www.fairmountcenter.org) or call (440) 338-3171.

## **REO Speedwagon will perform at MGM Northfield Park on Saturday, May 23rd**

Formed in 1967, signed in 1971, and fronted by iconic vocalist Kevin Cronin since 1972, REO Speedwagon's unrelenting drive, as well as non-stop touring and recording jump-started the burgeoning rock movement in the Midwest. Platinum albums and radio staples soon followed, setting the stage for the release of the band's explosive Hi Infidelity in 1980, which contained the massive hit singles "Keep On Loving You" and "Take It On the Run." That landmark album spent 15 weeks in the No. 1 slot and has since earned the RIAA's coveted 10X Diamond Award for surpassing sales of 10 million units in the United States. Today, REO Speedwagon has sold more than 40 million albums around the globe, and Cronin and bandmates Bruce Hall (bass), Neal Doughty (keyboards), Dave Amato (guitar), and Bryan Hitt (drums) are still elec-



trifying audiences worldwide in concert with hits and fan-favorites such as "In Your Letter," "Can't Fight This Feeling," "Time For Me To Fly," "Roll With The Changes," the aforementioned "Keep On Loving You" and "Take It On the Run," and many, many more.

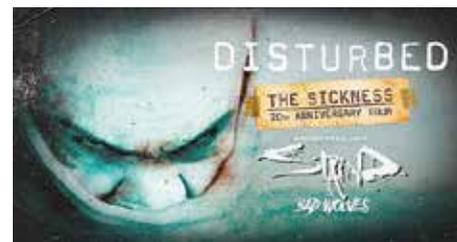
ON SALE NOW! Reserved seats range from \$64.50 - \$115.00

[www.ticketmaster.com](http://www.ticketmaster.com) and [www.livenation.com](http://www.livenation.com)

## **Disturbed - The Sickness 20th Anniversary Amphitheater Tour**

**With Very Special Guest Staind & Bad Wolves  
Friday, August 21 Blossom Music Center**

Two-time Grammy nominated and multi-platinum band, Disturbed confirm their extensive 31-date The Sickness 20th Anniversary Tour throughout North America, co-produced by Frank Productions and Live Nation. The amphitheater tour, with very special guest Staind and Bad Wolves, celebrates the two-decade



anniversary of the band's seminal album, *The Sickness*. On this tour, the band will perform songs off the album, as well as tracks from their most recent studio release, *Evolution*, and their extensive catalog. The *Sickness* 20th Anniversary Tour will run from mid-July through mid-September, with dates in cities including Tampa, Toronto, Cleveland, Cincinnati, and Phoenix.

Disturbed's tour will also be a part of *Ticket to Rock 2020*, an exclusive ticket package at select Live Nation amphitheaters across the country—additional details to be announced, for more info: [www.tickettorock.livenation.com](http://www.tickettorock.livenation.com)

Disturbed also share a new music video for "Hold on to Memories" directed by Matt Mahurin, who also directed their "Sound of Silence" music video. The video is inspired by the Mexican holiday "Día de Muertos," a day of remembrance and celebration of loved ones who have passed, with which it shares the sentiment that as long as we keep their memories with us, a piece of them is still alive. Available on YouTube.

Disturbed has continued their record-breaking streak at rock radio, claiming the title of "2019's Most Played Artists" in the Active Rock format. The band earned their seventh consecutive #1 on the Mediabase Active Rock Chart and Billboard's Mainstream Rock Songs Chart with their latest single "No More," an achievement unmatched by any artist in history. Disturbed has earned ten #1 singles on the chart, including "A Reason To Fight," the track that initially broke the record earlier this year. "No More" is the third top-charting single from the band's #1 album, *Evolution* (Reprise Records).

The multiplatinum-selling quartet accomplished the rare feat of achieving five consecutive number one debuts on the Billboard Top 200. That accolade historically elevated them to rarified air alongside Metallica, the only other hard rock group to do so in the history of the chart. *Immortalized* (2015) received a platinum certification and spawned the triple-platinum crossover smash "The Sound of Silence," which garnered a nomination at the 2017 GRAMMY® Awards in the category of "Best Rock Performance." Since their formation in 1996, the band has sold 16 million albums globally.

**About STAIND:**

Aaron Lewis, Mike Mushok, Johnny April and Jon Wysocki formed Staind in 1995, in their hometown of Springfield, Massachusetts. Over the course of their career, the band released seven studio albums and eight Top 10 singles, selling over 15 million albums worldwide. *Break The Cycle*, released in 2001 and RIAA certified 5x platinum, featured the smash single, "It's Been A While," one of the most played songs in modern rock radio history, spending 20 weeks at Number 1. Staind is currently comprised of lead vocalist and rhythm guitarist Aaron Lewis, lead guitarist Mike Mushok, bassist and backing vocalist Johnny April, and drummer Sal Giancarelli. This year STAIND reunited for a few select dates, after a five-year hiatus.

[www.staind.com](http://www.staind.com)

**About Bad Wolves:**

They released their debut album, *Disobey* (May 2018), Their global breakout single, "Zombie," is certified Platinum in the U.S. and Sweden, double Platinum in Canada, Gold in Australia and IMPALA Diamond in Europe. The track has topped-charts worldwide, including the U.S. iTunes Overall and Rock charts, Billboard's Mainstream Rock Songs chart, Spotify's Global Viral 50 chart, while also reigning atop the Active Rock radio chart for three straight weeks. The album yielded the follow-up tracks "Hear Me Now," featuring Diamante, and the soaring ballad "Remember When," which both reached #1 at Active Rock Radio. The official music video for "Zombie," a tribute to the late singer Dolores O'Riordan of The Cranberries and an homage to the original, has garnered over 255 million views across platforms. On June 19th, 2018, Bad Wolves presented a \$250,000 check to Dolores O'Riordan's four children, with a continued promise to donate all of their royalties from the song to them. In 2019, they continued that momentum with their sophomore album, *N.A.T.I.O.N.* which came in at #1 upon its release on the Top Hard Rock, Current Hard Rock and Billboard Hard Rock charts. The single "Killing Me Slowly" recently hit #1 to make it 4 consecutive #1 songs for the band at Active Rock Radio.

**VALENTINE**

Can you find the hidden words?

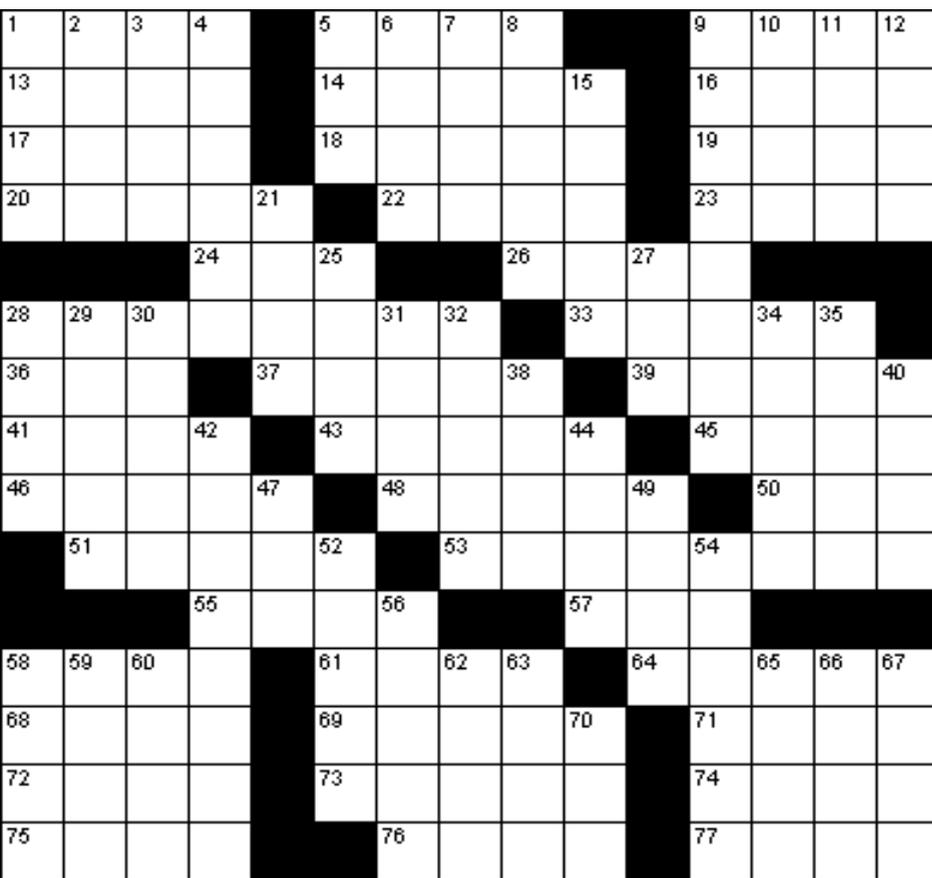
They may be horizontal, vertical, diagonal, forwards or backwards.

ADORE, APPEAL, ARROW, ATTRACTION, BEAU, BEGUILLED, BELOVED, BEWITCHED, BOW, BOYFRIEND, CAPTIVATED, CARD, CARING, CHARM, CHERISH, CRUSH, CUPID, DEAREST, DESIRE, DEVOTION, DOTE, EMOTION, ENCHANTED, ENRAPTURED, EROS, GIFT, GIRLFRIEND, GREETING, INFATUATION, KISSES, LOVE, LOYALTY, PASSION, ROMANCE, SMITTEN, SWEETHEART, TREASURE, TRUELOVE, VALENTINE, YEARNING.



**WHAT NEXT ?**





*Solution on page 26*

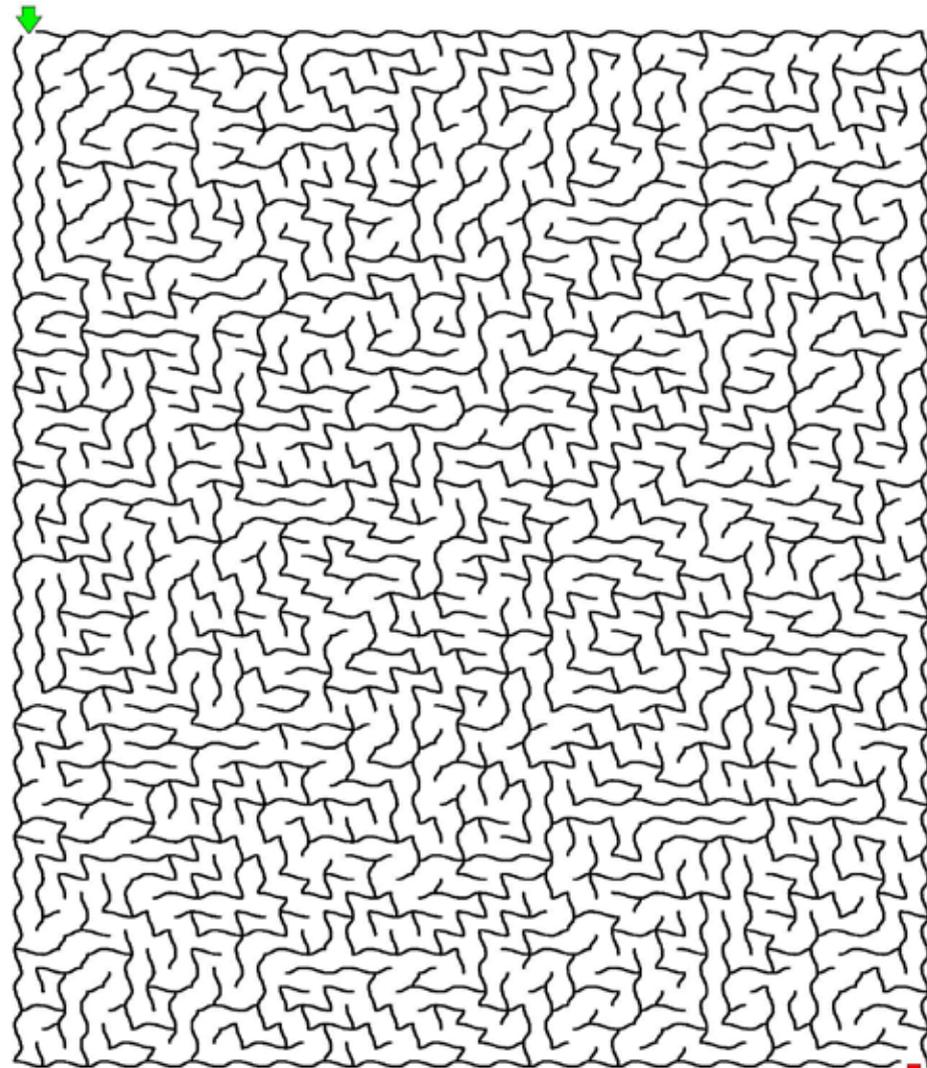
**Across**

- 1. Hobble
- 5. Assist in wrongdoing
- 9. Saltwater fish
- 13. Musical instrument
- 14. Exists
- 16. Song
- 17. Animal hide
- 18. Decorating material
- 19. A small room
- 20. Make a great effort
- 22. Wild plum
- 23. In vigorous good health
- 24. Epoch
- 26. Fury
- 28. Dusk
- 33. Style of glazed earthenware
- 36. Unit of electrical resistance
- 37. Kind of fruits with hard rinds
- 39. Tooth
- 41. Harvest
- 43. Outstanding
- 45. Gown
- 46. Showing keen interest
- 48. Claw
- 50. Beer
- 51. Religious doctrine
- 53. Crazy
- 55. Parts of the Roman calendar

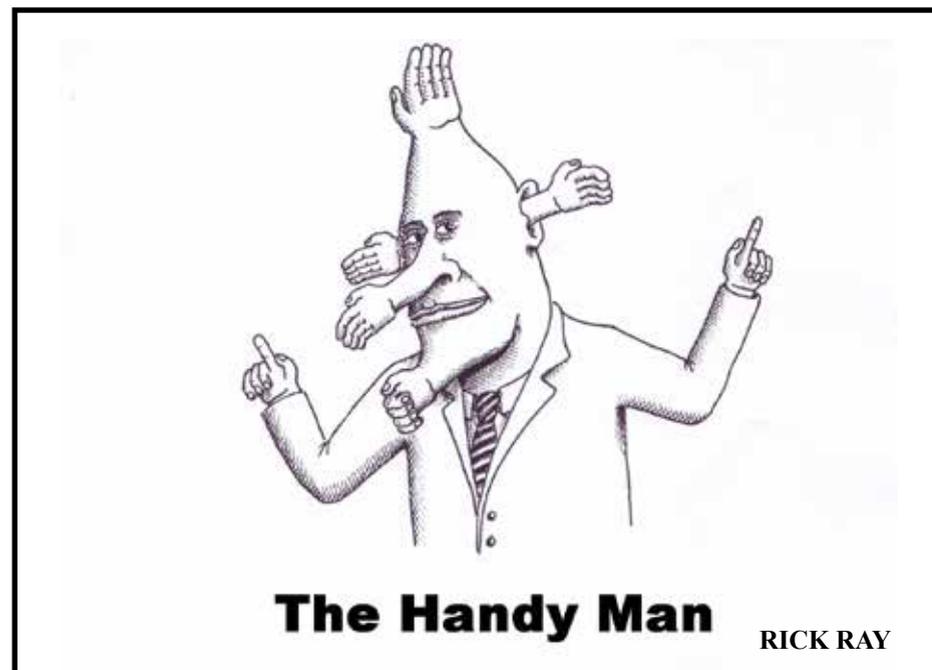
**Down**

- 1. Smooth gait
- 2. Wild goat
- 3. Small burrowing mammal
- 4. Oceanic bird
- 5. Any high mountain
- 6. Prejudice
- 7. Malevolence
- 8. Singing voice
- 9. Unmarried man
- 10. Region
- 11. Part of a window
- 12. Brief occasion for buying at reduced prices
- 15. Lie
- 21. Neat and smart in appearance

- 25. Highly excited
- 27. Jewel
- 28. Ripped
- 29. Cereal grass
- 30. Visual representation
- 31. Pain
- 32. Trample
- 34. Drift
- 35. Furniture item
- 38. Open river valley
- 40. Tall woody perennial grass
- 42. Feeling or expressing remorse for misdeeds
- 44. Burial chamber
- 47. Color
- 49. Requirement
- 52. Fractious
- 54. Nerve cell
- 56. Swagger
- 58. Defect
- 59. A telephone connection
- 60. Graphic symbol in computing
- 62. Apiece
- 63. Mineral
- 65. Manage
- 66. Peak
- 67. Collapsible shelter
- 70. Jurisprudence



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8th ANNUAL

# Pasta for Puppies!

**MONDAY, APRIL 6, 2020 • 5-9p**

**American-Croatian Lodge  
34900 Lakeshore Blvd. Eastlake**

**SO GOOD,  
YOU'LL WANT  
TO LICK YOUR  
DISH!**

**HUGE CHINESE AUCTION  
50/50 RAFFLE • DOOR PRIZES**

All 16 of these puppies were raised right here in NEO to become Leader Dogs for the Blind. This Pasta Dinner will help support Puppy Raising. Leader Dogs are given to the blind at no cost.

**EVENT SELLS OUT! ADVANCE PURCHASE BY MAIL**



LEADER DOGS FOR THE BLIND



PUPPY RAISERS FOR THE BLIND

**TICKETS \$20**

Make checks payable to:

**Puppy Raisers for the Blind, Inc.**

**1168 S. Beachview Rd, Willoughby, OH 44094**

or **CALL LINDE @ 440-951-2468** or

**EMAIL: LeaderDogPuppies@gmail.com**





**DEBONNÉ VINEYARDS**  
&  
**Double Wing Brewing Co.**

7840 Doty Rd. Madison, OH 44057  
www.debonne.com 440-466-3485

**FEBRUARY HOURS:**

Monday - Thursday 12-6;  
Friday 12-11; Saturday 12-8;

**MARCH HOURS:**

Monday - Thursday 12-6;  
Friday 12-11; Saturday 12-8; Sunday 12-6

**LIVE MUSIC:**

Fri. February 7	John Gall
Sat. February 8	Nick Zuber
Fri. February 14	Uncharted Course
Sat. February 15	Steve Madewell
Fri. February 21	Castaways Unplugged
Sat. February 22	John Gall
Fri. February 28	Randall Coumos
Sat. February 29	Bret Kunasch
Fri. March 6	John Gall
Sat. March 7	Wicked Vinyl
Sun. March 8	Gotta Play
Fri. March 13	High Horse
Sat. March 14	5 o'clock Somewhere
Sun. March 15	John Gall
Fri. March 20	Uncharted Course
Sat. March 21	Rhythm Connection
Sun. March 22	Steve Madewell
Fri. March 27	Mighty Ones
Sat. March 28	Porch Rockers
Sun. March 29	2 Kings
Wed. April 1	Phil Madewell

**Music plays**

Wed. 6:30-9:30; Fri. 6:30-10:30;  
Sat. 3:30-7:30; Sun. 2:30-5:30

**Winter Wine Bingo Thru February 29th**

Stop by and pick up a free bingo card. Visit area wineries and attractions and be entered into a drawing for a Wine Country Weekend Getaway.

Go to [exploregrandrivervalley.com/winter-wine-bingo/](http://exploregrandrivervalley.com/winter-wine-bingo/) for more information.

**Valentine's Dinner Friday, February 14th 6:30 pm**

Join us for a delicious 4 course meal. Our winemaker will pair wines for the evening. Reservations required. This is a prepaid, non-refundable event. Cost is \$54.95 per person plus tax & gratuity. Purchase tickets at [EVENTBRITE.COM](http://EVENTBRITE.COM).

**Ice Wine Festival March 7th, 14th, & 21st 11 am-5 pm**

Join the member wineries of the Winegrowers of the Grand River Valley. Visit each of the wineries and receive a sample of ice wine & a winemakers featured selection plus an appetizer that pairs perfectly with ice wine. Enjoy additional events and ice wine themed activities at each location. \$7 pp at each winery. Bring in a canned food item and receive \$1 off.

**Beer Tour & Tasting Friday, February 7 & 21**

Guided tour of the Double Wing Brewing Co. production facility. Guided tasting of four selected beers in the tap room inside Debonné Vineyards. Package includes a logo t-shirt, appetizer, souvenir empty crowler (fill for additional fee), 10% discount on giftshop items. Cost is \$20 per person. Purchase tickets at [EVENTBRITE.COM](http://EVENTBRITE.COM).

**Barrel Tasting & Cellar Tour Friday, February 28**

Have a personal guided tour of Debonné Vineyards production facility by winemaker Michael Harris. Package includes three selected wines from our cellar including a barrel sample, an appetizer, a souvenir glass and t-shirt, and a coupon for 10% discount on our giftshop. Cost is \$25 per person. Purchase tickets at [EVENTBRITE.COM](http://EVENTBRITE.COM).



Go to [www.debonne.com](http://www.debonne.com) for details.



**GRAND RIVER**  
CELLARS

5750 S. MADISON RD. (RT. 528) • MADISON, OH • 44057

**SERVING A VARIETY OF APPETIZERS, GRILLED SANDWICHES, AND DELICIOUS ENTRÉES.**

**OPEN: MON. & TUES. NOON-6; WED. NOON-8;**

**THURS. NOON-9; FRI. & SAT. NOON-11; SUNDAY NOON-8.**

**FOR INFO. OR TO MAKE RESERVATIONS CALL 440-298-9838**

**EVENTS:**

*\$10 Soup & Salad Monday - Friday*

**THROW BACK THURSDAYS**

Enjoy our special 9.95 comfort dinners

**Winter Wine Bingo**

Thru February 29th. Get your card at the winery and start playing!

**Winter Wine Tastings in the Wine Cave**

5 wine samples and 4 small plates \$20  
Every Saturday. Reservations only.

**Beach Glass Framed Art Class**

February 6th 6:30 pm

\$28 pp includes supplies and a glass of win

**Brushes & Lushes Class**

February 13th 6 pm \$30 pp

Includes supplies & a glass of wine.

**Valentine's Day**

February 13th thru 16th

A four course dinner for two for \$90.

**Yoga in the Vineyard**

Sunday, February 16th 11 am \$15pp

**JOIN US FOR LIVE MUSIC**

Thursday, February 6	Jess (Acoustic)
Friday, February 7	Castaways (Rock)
Saturday, February 8	Loose Tooth Band (Rock)
Sunday, February 9	El Trio BeVille (Blues)
Thursday, February 13	Jess (Acoustic)
Friday, February 14	Castaways (Rock)
Saturday, February 15	Loose Tooth Band (Rock)
Sunday, February 16	El Trio BeVille (Blues)
Thursday, February 20	Jess (Acoustic)
Friday, February 21	Castaways (Rock)
Saturday, February 22	Loose Tooth Band (Rock)
Sunday, February 23	El Trio BeVille (Blues)
Thursday, February 27	Jess (Acoustic)
Friday, February 28	Castaways (Rock)
Saturday, February 29	Loose Tooth Band (Rock)
Sunday, March 1	El Trio BeVille (Blues)
Thursday, March 5	Jess (Acoustic)
Friday, March 6	Castaways (Rock)
Saturday, March 7	Loose Tooth Band (Rock)
Sunday, March 8	El Trio BeVille (Blues)
Thursday, March 5	Jess (Acoustic)

**Music plays**

Thursdays 6:30-8:30; Fri & Sat. 7:30-10:30; & Sundays 4-7.

Every Wednesday 4-7 pm

*Happy Hour*

Go to [grandrivercellars.com](http://grandrivercellars.com)

